# MAJOR ELIMINATION

## SOUTHERN CONNECTICUT STATE UNIVERSITY

When exploring majors, it's often easier to first identify the subjects you **DON'T** want to study. This activity gives you the opportunity to eliminate majors in which you have no interest, allowing you to then focus only on programs that are real possibilities. Follow the instructions below.

#### **ELIMINATION PHASE 1**

Draw a line through any major (listed on back) in which you are confident you have no interest.

#### **Ground Rules:**

1. If you don't know what something is, leave it for now.

If you don't know what a particular major is, you don't know that you don't want it You will have the opportunity to learn about these majors in Elimination Phase 2.

2. Don't worry about career opportunities...yet.

Only think about these majors in terms of <u>what you would be interested in studying</u>. Do not focus on job opportunities at this point in the exercise, as this will be discussed at a later time. For example, DO NOT eliminate English if you are interested in the material but are worried about job opportunities.

#### 3. Distinguish between a potential major(s) and interests/hobbies.

Not all interests have to be potential majors. Try to differentiate between what is a hobby/interest and what you ACTUALLY want to study!

Maybe you enjoy working with computers, but would you actually want to study computer science and immerse yourself in the classes that come with it (calculus, physics, chemistry, etc)? Should this be a MAJOR or remain an interest/hobby/passion?

### **ELIMINATION PHASE 2**

Research each of the majors remaining on your list (the majors you DID NOT eliminate). You can do this by visiting the SCSU webpage for each program. For example, if history is one of your remaining majors, visit the SCSU History Department's webpage and do some quick reading.

As you do this, you should be able to eliminate more majors from your list.

Once you've completed ELIMINATION PHASE 2, follow up with an AAC Advisor to discuss your results/findings/thoughts. <u>Visit our "Academic Advising Centers" page on our website</u> to schedule an appointment with the advising center that best aligns with the majors remaining on your list/

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#### **ARTS & HUMANITIES**

- Art History
- Communication
- English
- History
- Media Studies
- Music
- Philosophy
- Studio Art
- Theatre
- World Languages and Literature

### **BEHAVIORAL & SOCIAL SCIENCES**

- Anthropology
- Journalism
- Political Science
- Psychology
- Sociology

### **BUSINESS**

- Accounting
- Business Economics
- Finance
- International Business
- Management
- Management Information Systems
- Marketing
- Public Utilities Management

### **EDUCATION**

- Art Education
- Early Childhood Education
- Elementary Education
- Information and Library Science
- Physical Education (PK-12)
- Secondary Education (7-12)
  - o Biology
  - $\circ$  Chemistry
  - o Earth Science
  - English
  - o French

## **EDUCATION (continued)**

- History and Social Studies
- o Italian
- o Mathematics
- Physics
- Political Science
- Sociology
- $\circ$  Spanish
- Special Education (K-12)

### **HEALTH & HUMAN SERVICES**

- Communication Disorders
- Exercise Science
- Exercise and Sport Science
- Health Science
- Healthcare Studies
- Nursing
- Public Health
- Social Work
- Recreation and Leisure Studies
- Respiratory Therapy
- Sport Management

#### STEM

- Biology
- Biotechnology
- Chemistry
- Computer Science
- Data Science
- Earth Science
- Environmental Systems and Sustainability
- Geography
- Marine Studies
- Mathematics
- Physics

### UNIVERSITY-WIDE

• Interdisciplinary Studies