

MAJOR ELIMINATION

SOUTHERN CONNECTICUT STATE UNIVERSITY

When exploring majors, it's often easier to first identify the subjects you **DON'T** want to study. This activity gives you the opportunity to eliminate majors in which you have no interest, allowing you to then focus only on programs that are real possibilities. Follow the instructions below.

ELIMINATION PHASE 1

Draw a line through any major (listed on back) in which you are confident you have no interest.

Ground Rules:

- 1. If you don't know what something is, leave it for now.**
If you don't know what a particular major is, you don't know that you don't want it. You will have the opportunity to learn about these majors in Elimination Phase 2.
- 2. Don't worry about career opportunities...yet.**
Only think about these majors in terms of what you would be interested in studying. Do not focus on job opportunities at this point in the exercise, as this will be discussed at a later time. For example, DO NOT eliminate English if you are interested in the material but are worried about job opportunities.
- 3. Distinguish between a potential major(s) and interests/hobbies.**
Not all interests have to be potential majors. Try to differentiate between what is a hobby/interest and what you ACTUALLY want to study!

Maybe you enjoy working with computers, but would you actually want to study computer science and immerse yourself in the classes that come with it (calculus, physics, chemistry, etc)? Should this be a MAJOR or remain an interest/hobby/passion?

ELIMINATION PHASE 2

Research each of the majors remaining on your list (the majors you DID NOT eliminate). You can do this by visiting the SCSU webpage for each program. For example, if history is one of your remaining majors, visit the SCSU History Department's webpage and do some quick reading. You can also visit [Southern's Academic Programs page](#) for an easy way to view information on all majors.

As you do this, you should be able to eliminate more majors from your list.

Once you've completed ELIMINATION PHASE 2, follow up with an academic advisor to discuss your results/findings/thoughts.

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ARTS & HUMANITIES

- Art History
- Communication
- English
- History
- Media Studies
- Music
- Philosophy
- Studio Art
- Theatre
- World Languages and Literature

BEHAVIORAL & SOCIAL SCIENCES

- Anthropology
- Economics
- Journalism
- Political Science
- Psychology
- Sociology

BUSINESS

- Accounting
- Business Economics
- Business Information Systems
- Finance
- International Business
- Management
- Marketing
- Public Utilities Management

EDUCATION

- Art Education
- Early Childhood Education
- Elementary Education
- Exercise Science (PE K-12)
- Information and Library Science
- Secondary Education (7-12)
 - Biology
 - Chemistry
 - Earth Science
 - English
 - French

EDUCATION (continued)

- Geography
- History and Social Studies
- Italian
- Mathematics
- Physics
- Political Science
- Sociology
- Spanish
- Special Education (K-12)

HEALTH & HUMAN SERVICES

- Athletic Training
- Communication Disorders
- Exercise and Sport Science
- Health Science
- Healthcare Studies
- Nursing
- Public Health
- Social Work
- Recreation and Leisure Studies
- Sport Management

STEM

- Biology
- Biotechnology
- Chemistry
- Computer Science
- Data Science
- Earth Science
- Environmental Systems and Sustainability
- Geography
- Mathematics
- Physics

UNIVERSITY-WIDE

- Interdisciplinary Studies