Responding to an Opioid Overdose

Naloxone, (also known as Narcan) is a nasal spray used to temporarily reverse an opioid overdose by restoring their breathing. Narcan is fast acting and safe if given to someone who is not overdosing.

Identify an opioid overdose by checking for the

A,B,C's



Alert:

Unresponsive or minimally responsive



Breathing:

Shallow, Noisy, or not breathing at all



Color:

Blue, gray, or purple discoloration of fingernails and lips

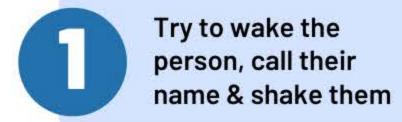
Anyone can overdose, anyone can save a life.





STEPS

for Response





Lay them on their back, tilt head back, insert Narcan nozzle into their nostril & press firmly on the plunger.

If not breathing, provide rescue breathing (9-1-1 operator will guide you)

If no response after 2-3 minutes, repeat step 3 & provide a second dose.

Continue rescue breathing until they become alert or EMS responds.

Note:

If you must step away, place the person on their side (recovery position)

