

Responding to an Opioid Overdose

Naloxone, (also known as Narcan) is a nasal spray used to **temporarily reverse an opioid overdose** by restoring their breathing. Narcan is fast acting and safe if given to someone who is not overdosing.

Identify an opioid overdose by checking for the

A, B, C's

A **Alert:**
Unresponsive or minimally responsive

B **Breathing:**
Shallow, Noisy, or not breathing at all

C **Color:**
Blue, gray, or purple discoloration of fingernails and lips

STEPS

for Response

- 1** Try to wake the person, call their name & shake them
- 2** If no response, call 9-1-1.
- 3** Lay them on their back, tilt head back, insert Narcan nozzle into their nostril & press firmly on the plunger.
- 4** If not breathing, provide rescue breathing (9-1-1 operator will guide you)
- 5** If no response after 2-3 minutes, repeat step 3 & provide a second dose.

Continue rescue breathing until they become alert or EMS responds.

Note:
If you must step away, place the person on their side (recovery position)

Anyone can overdose,
anyone can save a life.



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DEPARTMENT PROMOTE PREVENT PROTECT



For instructions on the go, scan the code above