

From: [Southern Connecticut State University](#)
To: [Rizza, Salvatore A.](#)
Subject: Owl Family Update: September 29th II Homecoming and Family Weekend Week!
Date: Monday, September 29, 2025 10:26:21 AM

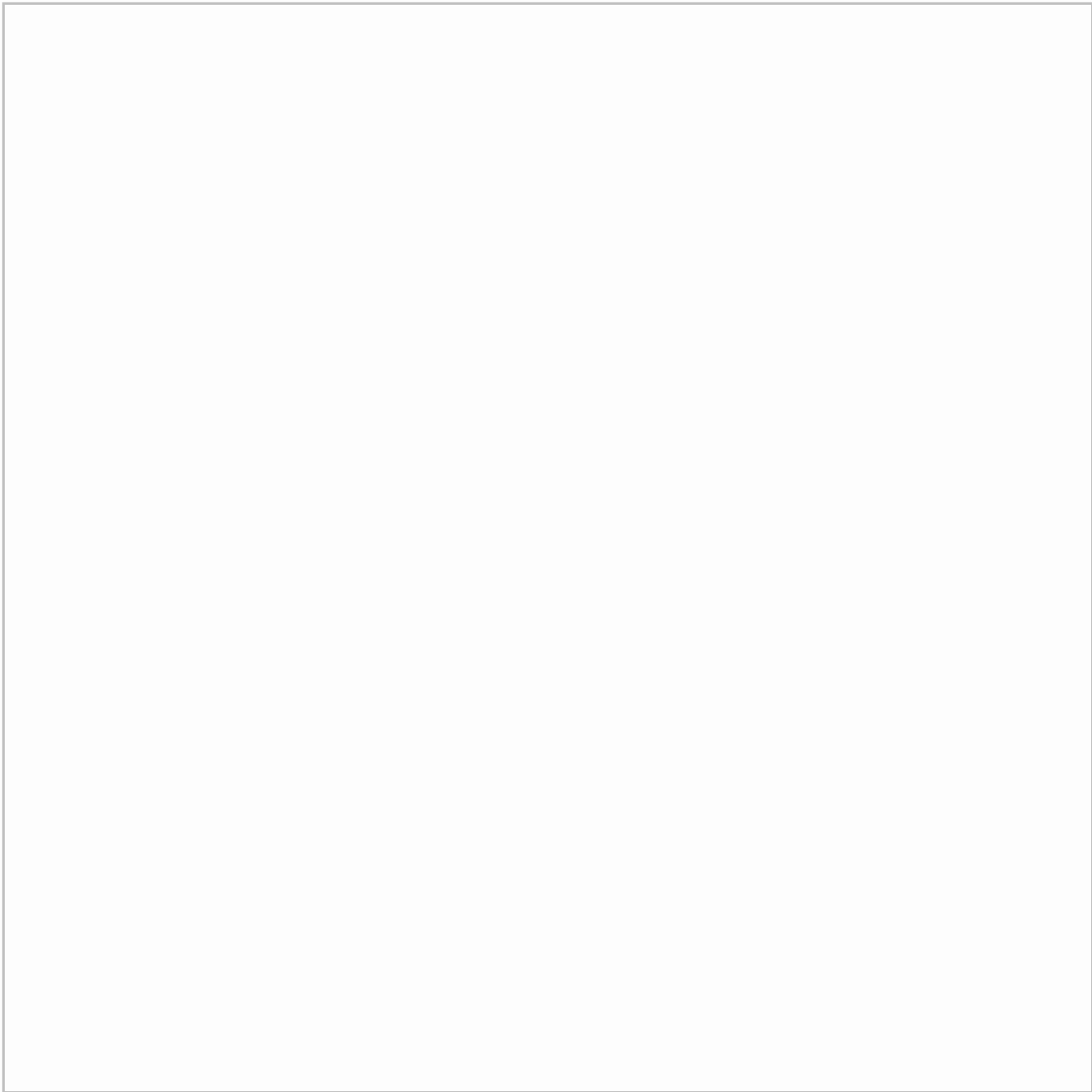


Family Update: September 29, 2025

This email contains the following:

Message from the Director of Orientation,
Transition & Family Engagement

- Weekly Feature
 - A message from Greg Bernard, Director of Alumni Relations
 - News and Notes
 - Message from the Office of the Registrar regarding Winter Session and Spring 2026 Registration.
 - This Week at Southern
 - Resources
-



Dear Families,

This is an exciting week at Southern!

Before sharing updates about Homecoming and Family Weekend, I want to highlight the importance of our Exploratory Fairs and programs happening this week. In the *This Week @ Southern* email (included below and sent to all students), they'll find opportunities to explore majors, minors, and programs across campus. Please encourage your students to take full advantage of these valuable opportunities to learn, connect, and plan for their future.

Homecoming and Family Weekend

A warm Saturday afternoon filled with football, food trucks, fun and families. Over the past several years, attendance by our families has grown significantly and each year it is so excited to see families return to campus. This will be another fantastic year. Below are all of the options. Registration for Family Day will not close. However, brunch does have limited capacity and will close soon.

We look forward to seeing you there!

Homecoming and Family Weekend

October 3- October 5

Southern's annual celebration of the Southern spirit! Visit the [Homecoming Webpage](#) for a full list of events and activities. Below are specific events designed for families.

Sibling Night- This year's Sibling Night will be Friday, October 3rd from 6pm to 9pm.

Young family members of our residential AND commuter students get the opportunity to spend time on campus and experience a little bit of college life! We have lots of games and activities planned, and make sure they bring their sleeping bags if they are staying overnight!

Click [here](#) to register.

Contact the Office of Residence Life for questions on age restrictions for overnight: (reslife@southernct.edu).

Family Day

Saturday, October 4th | 10:00 am – 5:00 pm

[Register on Eventbrite](#)

[Learn more about Family Day](#)

Family Day is one of Southern's favorite traditions! Join us on Saturday, October 4th, for a full day of activities. From meals and family-friendly programs to campus traditions and the excitement of the Homecoming game, the day is designed to showcase the very best of Southern including our traditions, our pride, and the connections that make the Owl experience so special.

Whether you're visiting campus for the first time or returning to reconnect, Homecoming & Family Day is the perfect opportunity to celebrate with your student, meet other families, and feel the energy of Southern pride.

Registration Options (via Eventbrite):

- Family Day (Free): Enjoy the day's activities, the football game, and all the community celebrations.
- Homecoming Family Brunch: Start the day with a delicious brunch in Connecticut Hall at either 10:00 am or 11:15 am.
 - Adults: \$12
 - Children under 12: \$10 (plus fees)

If you register for brunch, you do not need to register separately for Family Day.

Sincerely,

Sal Rizza

Director of Orientation, Transition & Family Engagement





A message from the Director of Alumni Relations, Greg Bernard to Families:

Hello Owl Families!

My name is Greg Bernard, and I am proud to serve as Southern's Director of Alumni Relations—and equally proud to be an alumnus myself - Class of 2004!

It is an honor to connect with you and share in the pride, traditions, and memories that make the Southern experience so special.

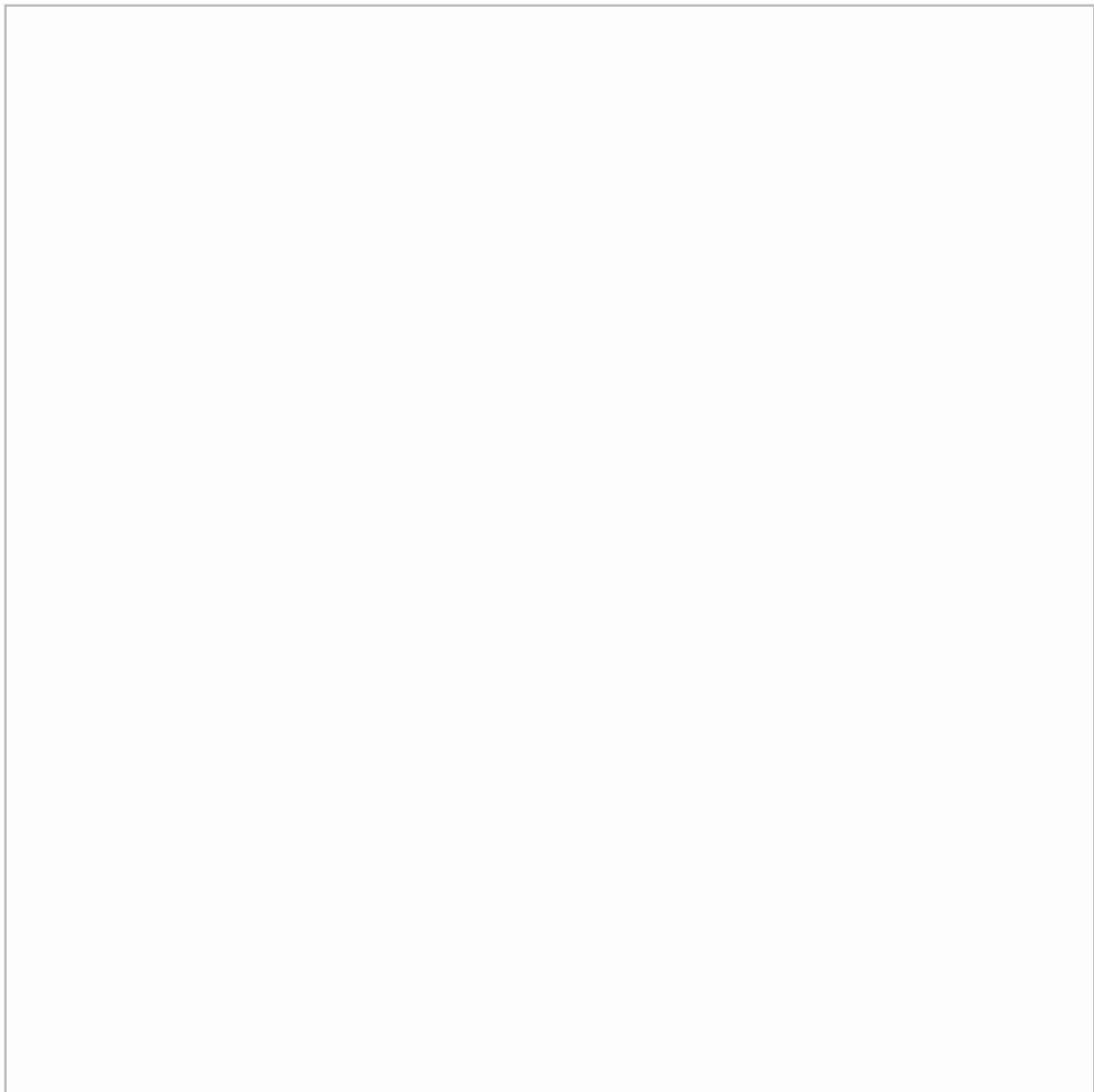
A special thank-you to our wonderful legacy families, who have continued the tradition of keeping Southern in the family for generations. I hope you will join

us on **Saturday, October 4th** during **Homecoming and Family Weekend**—a time to celebrate our students, alumni, families, and the spirit that binds us all together. We have lots of amazing things planned for you and your crew!

At Southern, becoming an Owl is truly a lifetime experience. As Alumni Director, I look forward to the day when today's students join the proud ranks of our alumni community. No matter where their journey takes them, they will always have a home here in the Owl family—for life.

Warmly,

Greg Bernard '04
Director of Alumni Relations, SCSU



Email from the Office of the Registrar to students sent Monday, September 29th:

Registration is almost here, and the class schedules are now live!

Dear Students,

Get ready to make the most out of your winter! Whether you're looking to round out your fall semester or get a head start on spring, winter registration opens for all students on November 3, 2025, at 8AM.

Prepare for Fall Registration

Use the [Registration Checklist](#) to review how to plan your schedule, obtain your pin, and check for any holds that may prevent registration.

Check your specific [registration date and time here](#).

- November 3rd Graduates/Post-Bacc's and Seniors accepted to a graduate program.
- November 4th Seniors
- November 10th Juniors
- November 12th Sophomores
- November 18th Continuing Freshmen
- November 19th Non-degree seeking graduates.
- November 24th Non-degree seeking undergraduates.

Academic Advising Appointments

- **Undergraduates:** You will meet with your advisor for course registration advising and to receive your registration PIN. If you have been not contacted by your advisor/department, please reach out to them ([who is my advisor?](#)) or the department chairperson for your major directly for assistance.
- **Graduates:** For course registration questions, please reach out to your graduate program coordinator or advisor for support.

Thank you,

The Registrar's Office

CONTACT US

OneStop.SouthernCT.edu

Tel: 203-392-5301

Monday-Friday 8AM – 4:30PM



It's time for Homecoming and Family Weekend (October 2-5). Grab your friends and head to the Pep Rally on Thursday night. Win big prizes at the Late-Night Breakfast with High Stakes Bingo on Friday night. Bring your family to Family Day on Saturday to enjoy the big game, food trucks, carnival games and more. Check everything else out below! **This is a Southern tradition you do not want to miss!"**

Below are some of the biggest events for students. Be sure to visit the Homecoming and Family Weekend website for a full listing by clicking [HERE](#).

Homecoming and Family Weekend Signature Events

Thursday, October 2nd

6:30pm

Pep Rally

MFH Parking Lot

Join us in Moore Field House Parking Lot as we get ready for the big game on Saturday! Meet the athletic teams, win prizes, compete in contests, get free food and make some noise! We hope to see you there!

9:00pm

Movie on the Football Field! - *Superman*

Jess Dow Field

Head to Jess Dow Field immediately after the Pep Rally for an outdoor screening of Superman (2025)! See this blockbuster film on the new scoreboard and enjoy some free snacks!

Friday, October 3rd

4:00pm

Women's Soccer vs Chestnut Hill College

Jess Dow Field

Come cheer on the Owls as they take on Chestnut Hill College!

6:00pm-9:00pm

Sibling Night

ResLife Quad

Young family members of our residential AND commuter students get the opportunity to spend time on campus and experience a little bit of college life! We have lots of games and activities planned, and make sure they bring their sleeping bags if they are staying overnight! Contact the Office of Residence Life for questions on age restrictions for overnight: (reslife@southernct.edu).

Register By September 30th.

9:00pm

Late Night Breakfast and BINGO!

Connecticut Hall

Head to Connecticut Hall for late night breakfast and BINGO! This event for

ALL Southern students will feature a full breakfast buffet, music, giveaways and of course, BINGO! Prizes include electronics, gift cards, and much more! Be sure to bring your hoot loot card and a charged cell phone to the event. We will see you there!

Saturday, October 4th

10:00am

Family Day

Register [HERE](#)

Stop by to check in or register for Family Day if you haven't already done so in advance. We encourage all families to register, whether or not you plan to purchase the Family Day Breakfast option. When registering, please select either: Family Day (free option), or Homecoming Family Brunch (paid option with fees) at one of the available times.

Family Day is complimentary; Brunch for adults: \$12; Brunch for children 12 and under: \$10

10:00am

Tailgate

North Campus Parking Lot

Join Southern alumni in the North Campus Parking Lot for a tailgate experience like no other! Please familiarize yourself with our Homecoming tailgate policies and expectations prior to attending.

11:00am

Food Truck Festival and Games

Wintergreen Parking Lot

Come on down for food, fun, and music - play games and win prizes too!

SCSU Students: Be sure to head to the student check-in tent located in the front of the Moore Fieldhouse to get your food ticket!

2:00pm

SCSU Football vs Bentley University

Jess Dow Field

Join us at Jess Dow Field as our Fighting Owls take on the Bentley Falcons.

Entry to the game is complimentary for everyone courtesy of SCSU Athletics and Recreation!

ALL EVENTS

Ongoing

Healthy Minds Survey

Don't forget to complete your Health Minds Survey! Look for your own individualized survey link in your Inbox with the subject "Announcing the Healthy Minds Study at Southern Connecticut State University" via healthyminds-SCSU@umich.edu. Each link is one-time-use, so please do not forward your email to others. By participating, you'll be automatically entered into:

- National Four (4) \$250 gift cards and ten (10) \$100 gift cards (provided by the University of Michigan)
- SCSU Student Incentives (weekly): One \$50 Amazon gift card, one \$25 Amazon gift card, and 125 "Southern Stronger Together" T-shirts

Sponsored Counseling Services and the Wellbeing Center

Monday, September 29th

10:30am-11:00am

World Heart Day: Hands-Only CPR Kiosk Launch

Buley Library First Floor

In honor of World Heart Day, SCSU, in collaboration with the American Heart Association and Hartford HealthCare, will unveil a new hands-only CPR training kiosk at Buley Library. This interactive, lifesaving resource empowers visitors to learn CPR in just minutes through guided video and hands-on practice. The kiosk offers an interactive and self-guided experience using a video tutorial, built-in manikin, and real-time feedback to help users learn CPR in just minutes. Attendees are invited to try the kiosk, speak with representatives from the American Heart Association and Hartford HealthCare, and learn about the critical importance of bystander CPR. This event is free and open to the public.

Sponsored by: Buley Library

11:00am-12:00pm

Study Spot Cafe

ASC 217 - The Nest

Commuter Services invites you to The Study Spot Cafe for a quiet study session. Commuter Assistants greet you with coffee, snacks, and a contract for success this semester. Complete everything on your contract and you will be earn more CC\$!

Sponsored by: Commuter Services

11:00am-1:00pm

Explore Management and International Business Majors and Minors

School of Business 208

Interested in Management or International Business? Join the Management & International Business Department's Open Office Hours to connect with faculty, learn about majors and minors, and see how these programs can prepare you for leadership in today's global economy. Drop in with your questions and explore your options!

Sponsored Career Exploration Week

12:00pm-1:00pm

Mindfulness Walk

ASC Dunkin Patio

Join the Wellbeing and RecFit teams for a Mindful Mile! Take a break from studying/working and enjoy the outdoors! This event is open to students, staff, and faculty.

Sponsored by: Athletics and Recreation and the Wellbeing Center

12:00pm-2:00pm

Major and Minor Fair

ASC Ballroom

Meet faculty, get swag and learn about the many majors and minors offered at SCSU. Did you know Southern has well over 100 majors and even more minor that can lead to exciting educational experiences and career opportunities. Explore every major and minor and meet faculty from every department. You can expect to come away with information and knowledge about all the great academic offerings at SCSU. This is the kickoff event to a week of events to help you explore majors and careers.

Sponsored Career Exploration Week

12:00pm-2:00pm

Helados Hispano

ASC 202 - Multicultural Center

Raspado, Piragua, Raspadilla, Frio-Frio...

No matter what you call it, come out and savor some shaved ice before the weather turns cold! Try some new flavors from countries throughout Latin America and beyond!

Sponsored by: Division of Diversity, Equity, and Inclusion and the Multicultural Center

1:00pm-2:00pm

Internship Training for IMPACT, Part ONE - How to find and get the internship

School of Business 122

Interested in pursuing an internship, but you're not sure how? This is the program for you. PEP Talks are held Mondays and Wednesdays and include FREE LUNCH! RSVP by 10 am the day of the event to ensure there is enough food. Any students who require an ASL interpreter please let PEP Director Patty Conte know (contep2@southernct.edu) at least 3 days before an activity that the student plans on attending. The PEP TALKs are sponsored by the SCSU School of Business's Professional Enrichment Platform (PEP).

Sponsored by: School of Business

Tuesday, September 30th

Ask an Advisor! - Major Exploration Edition

10:00am-11:00am

Buley Library 102

Are you a freshman or sophomore unsure about your major? Advising season kicks off in October—making it the perfect time to explore your options! Stop by our drop-in advising session to talk with an advisor about exploring different majors, get answers to your questions about academic pathways and think through your next steps in choosing a major. We're here to support you as you make this important decision!

Sponsored Career Exploration Week

10:00am-12:00pm

Explore the Earth Science Major - The World Is Your Laboratory

SCI 218A

We would love to help you learn about the many career paths in Earth Science

and give you a tour of the department!

Sponsored Career Exploration Week

11:00am-12:00pm

Explore Psychology Majors and Minors

EN D055A

Thinking about a major in Psychology?

Stop by the Psychology Department's Open Office Hours to meet faculty, see the department, and learn about majors and minors. Explore how psychology can deepen your understanding of human behavior and open doors to careers in counseling, research, education, healthcare, and beyond. Bring your questions and start planning your path!

Sponsored Career Exploration Week

11:00am-1:00pm

Explore Art and Design Majors and Minors

EA 111

Curious about Art & Design?

Visit the Art & Design Department's Open Office Hours to meet faculty, explore majors and minors, and learn how our programs can help you develop your creativity and prepare for careers in the arts, design, and visual media. We look forward to introducing you to the Department of Art & Design!

Sponsored Career Exploration Week

12:00pm-1:00pm

Professional Photoshoot

ASC 217

Need a professional photo for LinkedIn or a resume? You can get a photo taken and sent to you! Please come with business attire; however, if you do not have any we will have extra blazers and ties.

Sponsored Psychology Club

12:00pm-1:30pm

QPR Suicide Prevention Training

ASC 326

The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical, and proven suicide prevention training. The signs of crisis are all around us. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of

someone they know.

All students, faculty, and staff are welcome to participate. Please sign up and RSVP through OwlConnect beforehand!

Sponsored by: Wellbeing Center

12:00-1:30pm

Political Science Meet and Greet

EN C226A

Interested in Political Science, majors, minors or classes?

Stop by the Political Science Department's Open Office Hours to meet faculty, learn about majors and minors, and explore how studying politics can prepare you for careers in government, law, policy, and beyond. Stick around for pizza while you ask questions and discover your path!

Sponsored Career Exploration Week

12:00pm-2:00pm

Explore the Interdisciplinary Studies Major

EN B116

Have multiple interests or don't see your academic goals reflected in a traditional major? Interdisciplinary Studies lets you work one-on-one with faculty and advisors to create a individualized program by combining two or three disciplines that match your interests and career aspirations. Whether you're passionate about music production and psychology, digital media and history, or business and arts administration and cultural advocacy, you can design an academic path that makes sense for your goals instead of forcing yourself into a major that only captures part of what excites you. Come talk with us about turning your diverse interests into a focused, intentional degree program that sets you up for career success in today's interconnected world.

Sponsored Career Exploration Week

12:00pm-2:00pm

Explore Public Health Majors and Minors

HHS 341

The public health program at Southern is intensively hands-on, with internships and many class activities centering on community service. A common course project is to plan a public health program from inception to evaluation, for example, an awareness campaign about binge drinking on college campuses, a blood drive, or a campaign to educate the public about

hepatitis B, eating disorders, or breast cancer.

Sponsored Career Exploration Week

1:00pm-3:00pm

Explore Economics Major and Minors

School of Business 438

Thinking about majoring or minoring in Economics? .

Visit the Economics Department's Open Office Hours to meet faculty, discover course options, and explore how studying economics can open doors to careers in business, policy, and beyond. Stop by, ask questions, and find your fit!

Sponsored Career Exploration Week

5:00pm-7:00pm

Volleyball vs Dominican University of New York

Pelz Gymnasium

Come cheer on the Owls as they take on Dominican University of New York!

Sponsored by: SCSU Athletics and Recreation

6:00pm-8:00pm

Men's Soccer vs Caldwell University

Jess Dow Field

Come cheer on the Owls as they take on Caldwell University!

Sponsored by: SCSU Athletics and Recreation

7:00pm-9:00pm

Fireside Chat: From Campus to Career

ResLife Quad

Hello All! We are hosting a fireside talk with former chapter members who have made the transition from college life to successful professions etc. Come for an inspiring evening of community, connection, and conversation. Students and young professionals will have the rare chance to hear first-hand accounts of development, difficulties, and lessons learned from alumni who represent our state and our chapter at this event.

Sponsored

7:00pm-9:00pm

CanvaZ and ConnectionZ

ASC 217 - The Nest

Join the ladies of the Psi Omicron Chapter of Zeta Phi Beta Sorority, Inc. for a night of painting & meaningful conversations! Get to know someone new as you swap stories, answer fun prompts, and paint a self-portrait of your partner. It's all about connection, and creativity.

Sponsored

Wednesday, October 1st

10:00am-12:00pm

Enjoy Cookies and Explore Majors and Minor in the History Department

EN C205A

Thinking about History?

Come to the History Department's Open Office Hours to chat with faculty, learn about majors and minors, and discover how history connects the past to your future. Plus—enjoy free cookies and stickers while you explore!

Sponsored Career Exploration Week

10:00am-12:00pm

Explore Physics Major and Minors

Interested in Physics? ?

Visit the Physics Department's Open Office Hours to meet faculty, learn about majors and minors, and explore how physics provides a strong foundation for careers in research, engineering, technology, education, and beyond. Come with your questions and take the next step in planning your academic path.

Sponsored Career Exploration Week

11:00am-1:00pm

Explore the Nursing Major

HHS 319

Interested in Nursing? Head to the Health and Human Services building, room 319 to learn all about the program!

Sponsored Career Exploration Week

11:30am-1:30pm

Explore Chemistry and Biochemistry Major and Minors

SCI 340D

Curious about Chemistry or Biochemistry?

Stop by the Chemistry & Biochemistry Department's Open Office Hours to

meet faculty, learn about majors and minors, and see how these programs can spark your future. Enjoy light refreshments and take a guided tour of the labs while you explore your options!

Sponsored Career Exploration Week

12:00pm-2:00pm

Commuter Town Hall Luncheon

ASC Ballroom

Join us for the Commuter Town Hall Luncheon, a space created just for commuter students to connect, share, and be heard. This is your chance to speak up about your experiences, voice concerns, and suggest programs or resources that would make your commuter life even better. Enjoy a free meal while building community and helping shape the future of commuter student support at Southern!

Sponsored by: Commuter Services

12:00pm-2:00pm

Explore Philosophy Majors and Minors

EN D215

Curious about Philosophy?

Stop by the Philosophy Department's Open Office Hours to meet faculty, explore majors and minors, and discover how philosophy can sharpen your critical thinking and open new pathways for your future. Bring your questions and start exploring!

Sponsored Career Exploration Week

12:00pm-2:00pm

Music @ Southern - Explore Music Majors and Minors

Earl 120

Come learn about our programs in music, music therapy, music technology, as well as opportunities like ensembles and free private lessons!

Sponsored Career Exploration Week

12:30pm-2:30pm

Explore Communication, Media, or Screen Studies

EN B019

Interested in Communication, Media, or Screen Studies?

Stop by the Communication, Media, and Screen Studies Department's Open

Office Hours to meet faculty, explore majors and minors, and learn how these programs can help you tell stories, shape media, and connect with the world.

Bring your questions and start exploring your path!

Sponsored Career Exploration Week

1:00pm-2:00pm

The Art of Pride

SAGE Center - ASC 235

Join the SAGE Center for a vibrant and hands-on celebration of LGBTQ+ Pride through the colorful world of string art! This event invites attendees of all identities and artistic levels to express themselves by creating unique string art pieces that reflect the beauty and diversity of the LGBTQ+ community. All materials will be provided, and no prior experience is necessary—just bring your creativity and Pride! Limited spaces available for this experience, so make sure you come at the start of the event to engage with us!

Sponsored by: Division of Diversity, Equity, and Inclusion and the SAGE Center

1:00pm-2:00pm

MACRO- and MICRO-SUPPLY CHAIN MANAGEMENT

School of Business 122

Come learn about supply chain management! PEP Talks are held Mondays and Wednesdays and include FREE LUNCH! RSVP by 10 am the day of the event to ensure there is enough food. Any students who require an ASL interpreter please let PEP Director Patty Conte know (contep2@southernct.edu) at least 3 days before an activity that the student plans on attending. The PEP TALKs are sponsored by the SCSU School of Business's Professional Enrichment Platform (PEP).

Hosted by: School of Business

1:00pm-2:00pm

First Generation Scholars Support Group

EN B018

If you are first in your family to attend college and are looking for a supportive community, this group provides a space to discuss the unique challenges that you face as a first-generation college student! Guidance and peer support are available to help you thrive at SCSU!!

Hosted by: Wellbeing Center

1:00pm-2:00pm

Bronze Kickoff

ASC 217 - The Nest

Join us to learn more about the Bronze Leadership Certificate Program while enjoying refreshments and meeting other future leaders!

Sponsored by: Office of Student Involvement and Leadership Development

2:00pm-3:00pm

Transitions Support Group

EN B121

A counseling group meant for students who transfer students, or any students who are going through a transition who need some support! Come build community and make connections with others who are experiencing a similar journey navigating college.

Questions? Contact Chrystal Long at longc3@southernct.edu

Sponsored by: Wellbeing Center

2:00pm-4:00pm

Explore Curriculum and Learning Majors - Elementary, Special and Early Education Programs

DA 118

Curious about becoming a teacher?

Visit the Curriculum and Learning Department's Open Office Hours to meet faculty, explore majors and minors, and learn how these programs prepare students for careers in Special Education, Elementary Education, and Early Childhood Education. Bring your questions and discover how Curriculum and Learning can shape your future in education.

Sponsored Career Exploration Week

3:00pm

Freshman Bible Study

ASC 303

Connect with other freshmen to learn about Jesus's teachings, discuss His Word, & build community as you navigate being a first-time college student.

Sponsored by: InterVarsity Christian Fellowship

6:00pm-9:00pm

The GoldPrint : Business Expo

ResLife Basketball Court

The is a vibrant, DJ-driven event that celebrates Black-owned businesses, culture, and creativity. Guests can explore unique products ranging from fashion and art, wellness, and innovation while connecting directly with local entrepreneurs. With music setting the vibe and community at the center, the expo is both a marketplace and a celebration of Black excellence, empowerment, and innovation.

Sponsored by: Iota Phi Theta Fraternity Inc.

6:30pm-8:30pm

Guess the Price

Farnham Programming Space

Get ready for a night full of laughs, competition, and prizes at the RHA's Guess the Price event! Think you know how much everyday items cost? Put your skills to the test as you go head-to-head with other residents to see who can guess the closest without going over.

Sponsored by: Residence Hall Association

Thursday, October 2nd

9:00am-10:00am

Commuter Breakfast

Around Campus

Come find our Commuter Assistants around campus to get a free breakfast sandwich! You can always find where we are on our instagram story: [scsucommuterservices](#).

Sponsored by: Commuter Services

10:00am-12:00pm

Explore English Majors

EN D253

Curious about English majors or minors?

Drop by the English Department's Open Office Hours to chat with faculty, explore course options, and learn how English can shape your academic and career path. Stop in, ask questions, and see if English is the right fit for you!

Sponsored Career Exploration Week

10:00am-12:00pm

Express Get Yourself Tested (GYT)

Granoff Hall - Health Services

Come down to Student Health Services to get FREE STD testing. Available to all students, appointments are recommended and can be made by calling us at 203-392-6300 or by visiting StudenthealthEHR.southernct.edu. Walk-ins are also available. We are located across the street from the Wintergreen building. Sponsored by: Health Services

11:00am-3:00pm

Explore World Languages Majors and Minors

Engleman Rotunda

Interested in World Languages?

Stop by the World Languages Information Table in the Engelman Rotunda to learn about majors and minors, meet faculty, and discover how studying languages can expand your career opportunities and connect you to cultures around the globe. Come explore your options and say hello!

Sponsored Career Exploration Week

12:00pm-1:00pm

PB&J Thursday

Engleman Hall B121

Head to the breezeway outside Engleman B121 for ProCon's PB&J Thursday! We are your lunch providers every Thursday as we provide snacks, drinks, and most importantly, PB&J sandwiches!

Sponsored by: Programs Council

12:00pm-2:00pm

Explore Healthcare Studies and Healthcare Management

HHS 341

Curious about a future in healthcare? Head to the Health and Human Services Building, room 341 to learn more!

Sponsored Career Exploration Week

2:00pm-3:00pm

Bronze Kickoff

ASC 217 - The Nest

Join us to learn more about the Bronze Leadership Certificate Program while enjoying refreshments and meeting other future leaders!

Sponsored by: Office of Student Involvement and Leadership Development

2:00pm-4:00pm

Dreams in a Jar

EN B121

Come and join ProCon to decorate inspirational jars for your future. This is the perfect event to express your goals, and also fill your jars with positive affirmations. Decorate and eat wings and pizza.

Hosted by: Programs Council

5:00pm-7:00pm

AniThursdays

ASC 301

Join Anime Society in a screening of an anime or animated movie that we vote on every other Thursday!

Sponsored by: Anime Society

6:30pm

Project Dove

ASC 308

Join the ladies of Zeta Phi Beta Sorority, Inc. Psi Omicron Chapter for Project Dove: Study Night—an evening dedicated to scholarship, productivity, and sisterhood. Bring your work, stay focused, and take the chance to get to know others while accomplishing your academic goals.

Sponsored by: Zeta Phi Beta Sorority, Inc.

6:30pm

Pep Rally

MFH Parking Lot

Join us in Moore Field House Parking Lot as we get ready for the big game on Saturday! Meet the athletic teams, win prizes, compete in contests, get free food and make some noise! We hope to see you there!

Sponsored by: Homecoming and Family Weekend Committee

9:00pm

Movie on the Football Field! - *Superman*

Jess Dow Field

Head to Jess Dow Field immediately after the Pep Rally for an outdoor

screening of *Superman* (2025)! See this blockbuster film on the new scoreboard and enjoy some free snacks!

Sponsored by: Homecoming and Family Weekend Committee

Friday, October 3rd

10:00am-2:00pm

Freedom Fridays

Granoff Hall - Health Services

Every first Friday of the month students can come by to Health Services to get FREE Quit Vaping/ Smoking Cessation Medication. Appointments are preferred but walk ins are welcome. Do you have a friend who vapes or smokes? Come visit our quit bar during this time to get gum, candy, and cessation information you can share. For more information email healthservices@southernct.edu.

Staff can contact Victoria Adams for FREE Quit Vaping Medications

adamsv2@southernct.edu

Sponsored by: Health Services

12:00pm-2:00pm

Pi-zza and Math Major and Minors

EN D122

Love solving problems (or pizza)?

Join the Math Department's Open Office Hours to connect with faculty, explore majors and minors, and try out some fun math activities. Stick around for free pizza while you discover how math adds up to your future!

Sponsored Career Exploration Week

12:45pm-1:45pm

Mindful Meditation Series

ASC 204 Fitness Center

Join APRN Nurse Linda from Health Services, for her mindfulness meditation series and take an hour to decompress and reconnect . Embrace the power of stillness and find your calm

Sponsored by: Health Services

1:00pm-3:00pm

Explore the Theatre Major - A Musical in The Making!

Lyman Center Basement LYB11

Step into the spotlight and see how musical magic is made! Join us for a behind-the-scenes peek at how theatre music numbers come to life, meet our amazing faculty, and discover what it's like to be part of the Theatre Department family.

Sponsored Career Exploration Week

4:00pm-6:00pm

Women's Soccer vs Chestnut Hill College

Jess Dow Field

Come cheer on the Owls as they take on Chestnut Hill College!

Sponsored by: SCSU Athletics and Recreation

4:30pm-6:00pm

Shabbat

Remembrance Garden

Come join SCSU Hillel for Shabbat every Friday night during the semester!

Sponsored by: Hillel - Jewish Students Organization

6:00pm-9:00pm

Sibling Night

ResLife Quad

Young family members of our residential AND commuter students get the opportunity to spend time on campus and experience a little bit of college life! We have lots of games and activities planned. Make sure they bring their sleeping bags if they are staying overnight! Contact the Office of Residence Life at reslife@southernct.edu for questions on age restrictions for overnight stays. Register By September 30th.

Sponsored by: Homecoming and Family Weekend Committee

9:00pm

Late Night Breakfast and BINGO!

Connecticut Hall

Head to Connecticut Hall for late night breakfast and BINGO! We will have a full breakfast buffet, music, giveaways and of course, BINGO! Prizes include electronics, gift cards, and much more! Be sure to bring your hoot loot card and a charged cell phone to the event. All students are welcome! We will see you there!

Sponsored by: Homecoming and Family Weekend Committee

Saturday, October 4th

10:00am

Family Day

Register [HERE](#)

Stop by to check in or register for Family Day if you haven't already done so in advance. We encourage all families to register, whether or not you plan to purchase the Family Day Breakfast option. When registering, please select either: Family Day (free option), or Homecoming Family Brunch (paid option with fees) at one of the available times.

Family Day is complimentary; Brunch for adults: \$12; Brunch for children 12 and under: \$10

Sponsored by: Homecoming and Family Weekend Committee

10:00am

Tailgate

North Campus Parking Lot

Join Southern alumni in the North Campus Parking Lot for a tailgate experience like no other! Please familiarize yourself with our Homecoming tailgate policies and expectations prior to attending.

Sponsored by: Homecoming and Family Weekend Committee

11:00am

Food Truck Festival and Games

Wintergreen Parking Lot

Come on down for food, fun, and music - play games and win prizes too!

SCSU Students: Be sure to head to the student check-in tent located in the front of the Moore Fieldhouse to get your food ticket!

Sponsored by: Homecoming and Family Weekend Committee

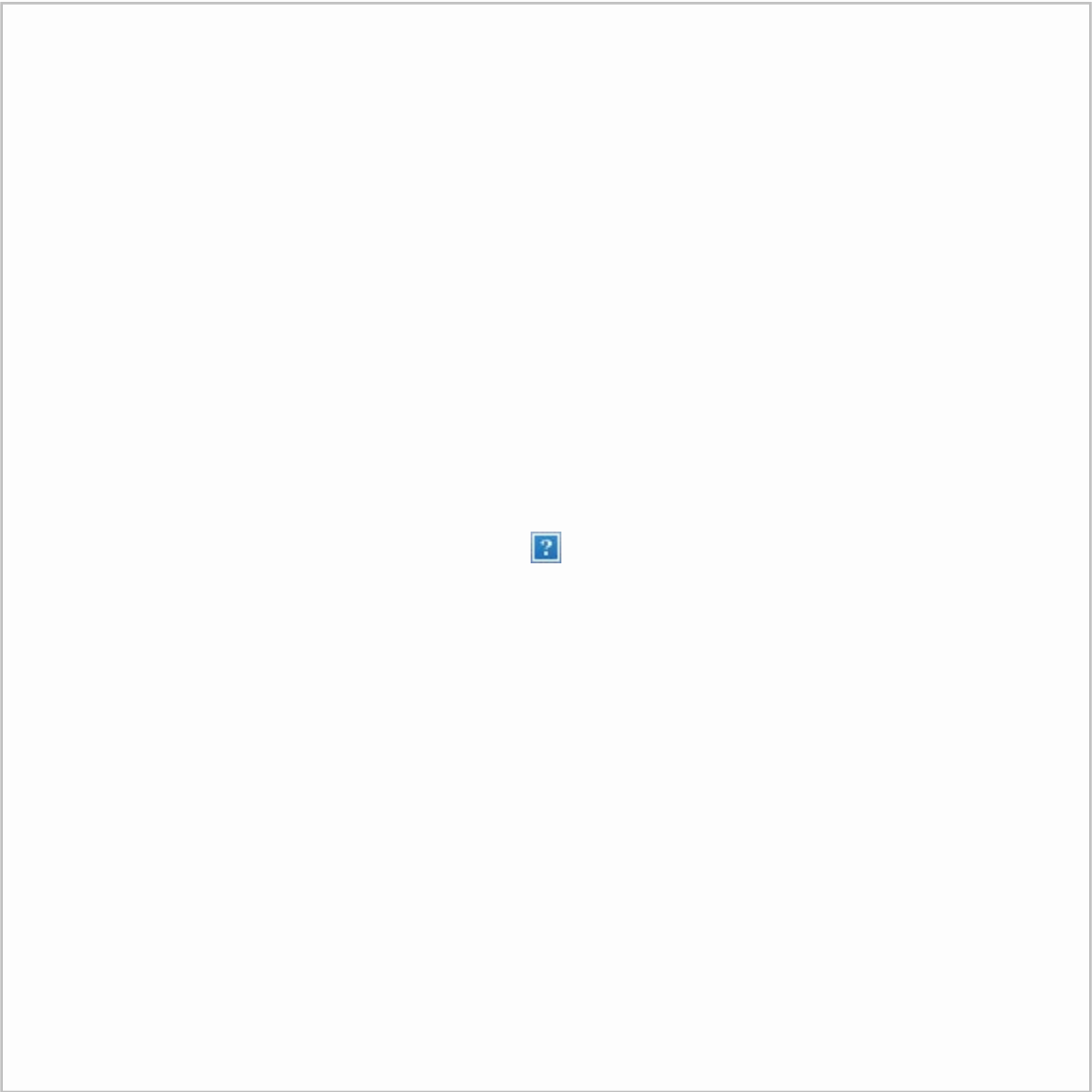
2:00pm

SCSU Football vs Bentley University

Jess Dow Field

Join us at Jess Dow Field as our Fighting Owls take on the Falcons. Entry to the game is complimentary for everyone courtesy of SCSU Athletics and Recreation!

Sponsored by: Homecoming and Family Weekend Committee



Helpful Links- these are a number of helpful links that we have gathered

specifically for parents/families that will be helpful now and in the future.

Resources- these is another general page filled with links that may be helpful!

Residence Life- with so many questions regarding residence life, this may be a great place to find information!

Advising- information regarding academic advising.



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[Unsubscribe](#)

Mailin

