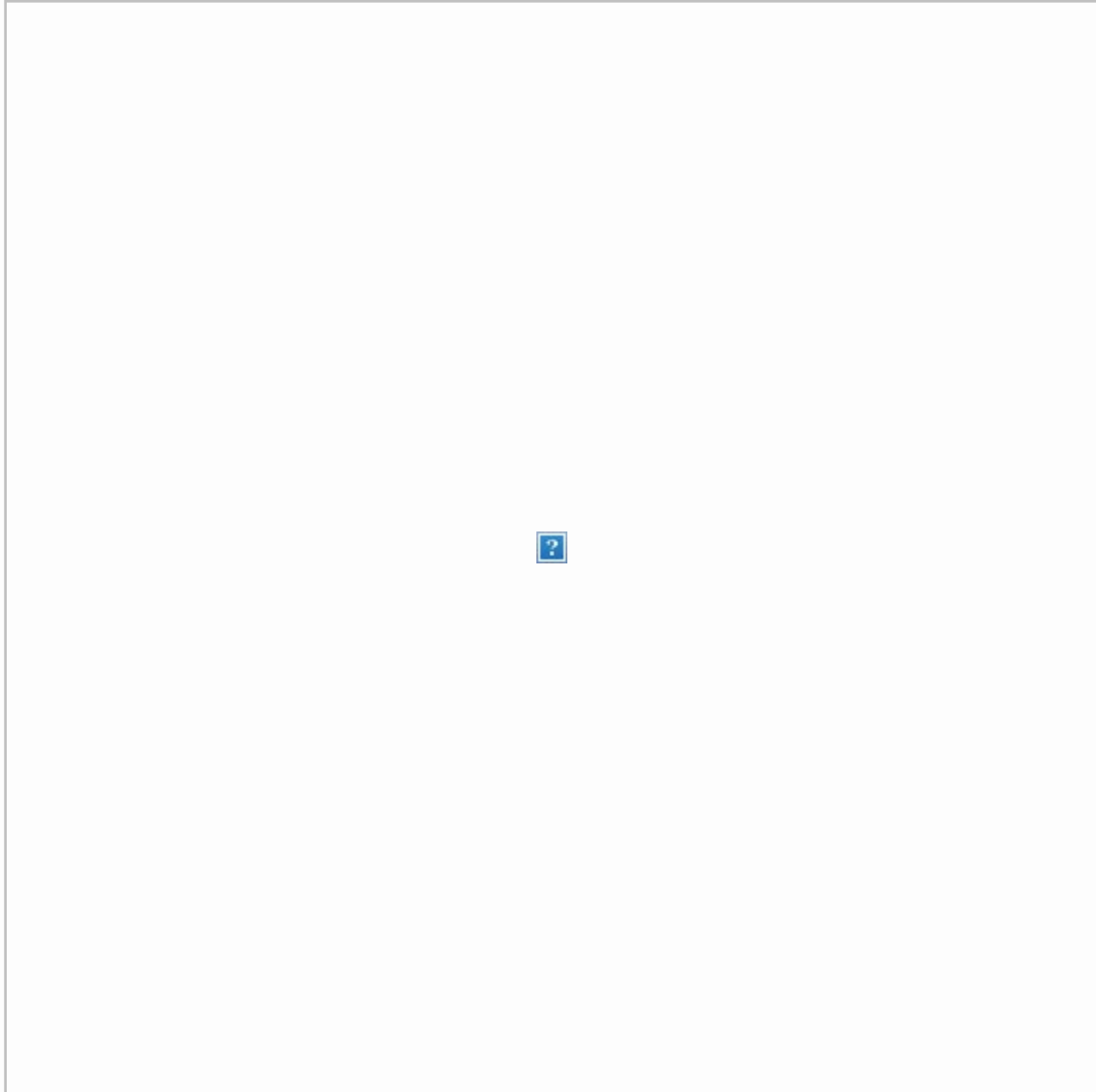


From: [Sal Rizza, Director of OTEE](#)
To: [Rizza, Salvatore A.](#)
Subject: Owl Family Update II Week 9
Date: Monday, October 21, 2024 5:42:40 PM



Family Update: 10/21/2024

This email contains the following:

Message from the Director of Orientation, Transition & Family Engagement

- Weekly Feature
 - News and Notes
 - This Week at Southern
 - Resources
-





Dear Families,

We are beginning week 9. Students will begin thinking critically about the progress they've made as mid-term grades will be released this week and they begin preparing for the Spring 2025. Consider checking in with your students regarding their status in their courses.

Mid-Term Grades- For many students, this is an incredibly important point in the semester. Mid-term grades will be posted this week. Students can access their mid-term grades via the Banner Student app in MySCSU.

Few things to note about mid-term grades:

- Mid-term grades are NOT calculated in any way in a student's grade point average.
- Mid-term grades are a benchmark, or snapshot, of their academic progress thus far in the semester.
- Some students may find that they don't have a mid-term grade reported. If a student has questions about their mid-term grade or lack there-of, they should connect with their professor.

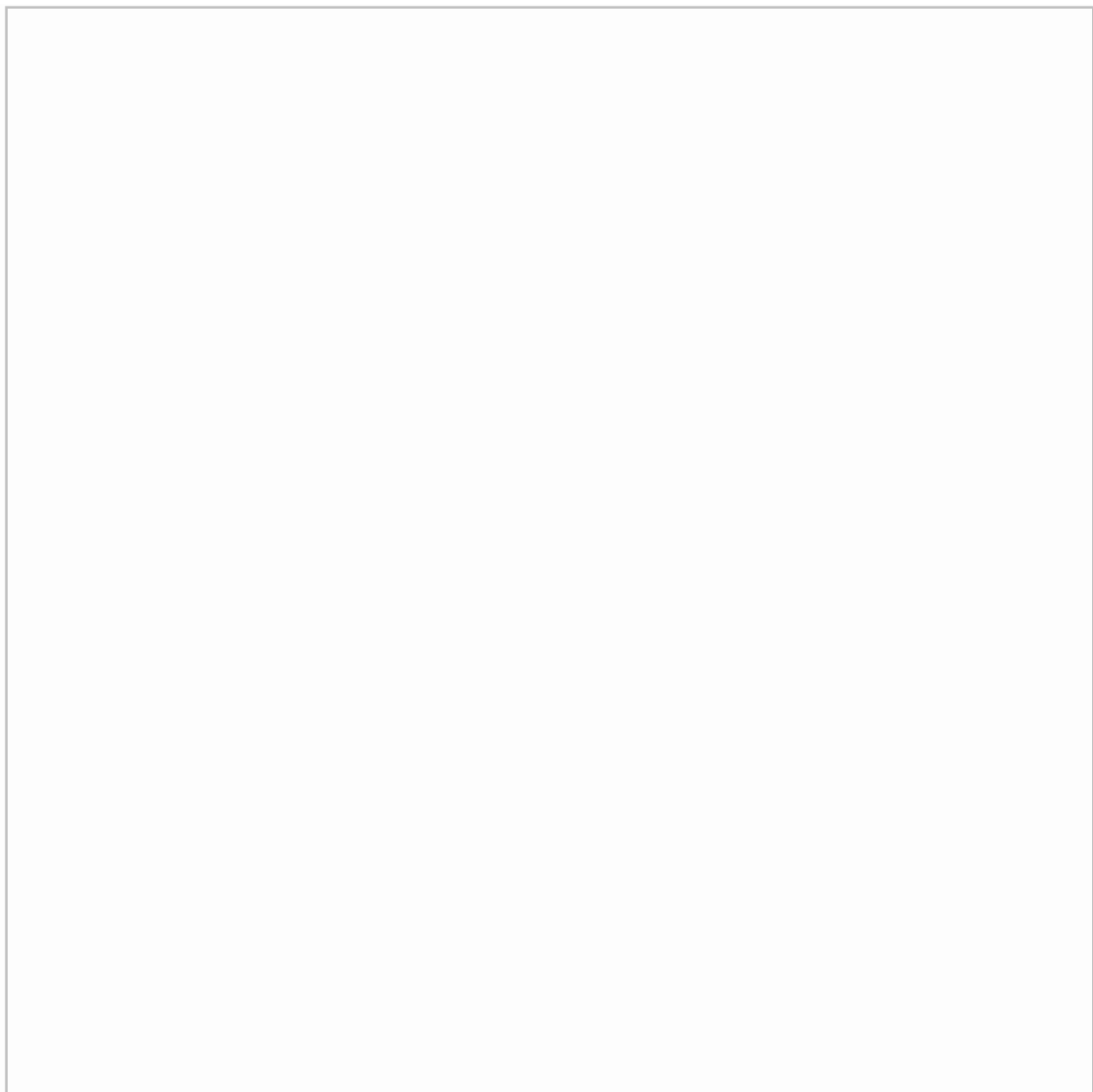
As students evaluate their performance, they could utilize several resources in developing a plan in pursuing their academic goals. In addition to connecting with their professors, they could seek academic support for both the content of their courses and guidance in improving their overall skills as a college student at the Center of Academic Success and Accessibility Services (<https://inside.southernct.edu/casas>). If a student determines that they may not be successful in a course, they can withdraw from a course before November 18th (<https://inside.southernct.edu/onestop/withdrawal>). Please encourage your students to connect with their advisor if they are considering withdrawing from a course.

Course Registration for the Spring 2025- Seniors begin registering for the Spring 2024 courses on November 6th! Students can learn more about the registration process by visiting the Registrars website (<https://inside.southernct.edu/onestop/registration/dateandtime>). All undergraduate students are required to meet with their advisor in order to register for their Spring courses. Please encourage your students to connect with their advisors as soon as possible. Naturally, an advisor's schedule will fill quickly as student's procrastinate and delay and try to meet closer to their registration date instead of doing so well in advance.

Have a great weekend and please let us know if we can be of any support to you!

Sincerely,

Sal Rizza
Director of Orientation, Transition & Family Engagement



This week is National Transfer Week! Almost half of Southern's undergraduate student have transferred to Southern from another institution. We celebrate transfer students this week!

Monday, October 21st

Note to Self

12pm- 2pm

Buley Library Patio

Write a note to yourself and others that captures your successes, well-wishes, and advice for others!

Tuesday, October 22nd

Transfer Treats

Featuring Roberta's Famous Cookies

4:30pm- 6pm

Buley Library Patio

If you haven't had a cookie from Roberta's in North Campus, you don't know what you're missing! Treat yourself to a cookie!

Wednesday, October 23rd

Transfer Carnival

12pm- 2pm

Between the Adanti Student center and Earl Hall

Food trucks, prizes, and carnival games!

Thursday, October 24th

Sweet Success

9am- 1pm

The Veteran's Center, EN A014

Stop by the Veteran's Center for coffee and sweet treats!

All Week

Transfer Week Scavenger Hunt

Find the Otus the Owl stuffed animal on campus every day and win a prize.

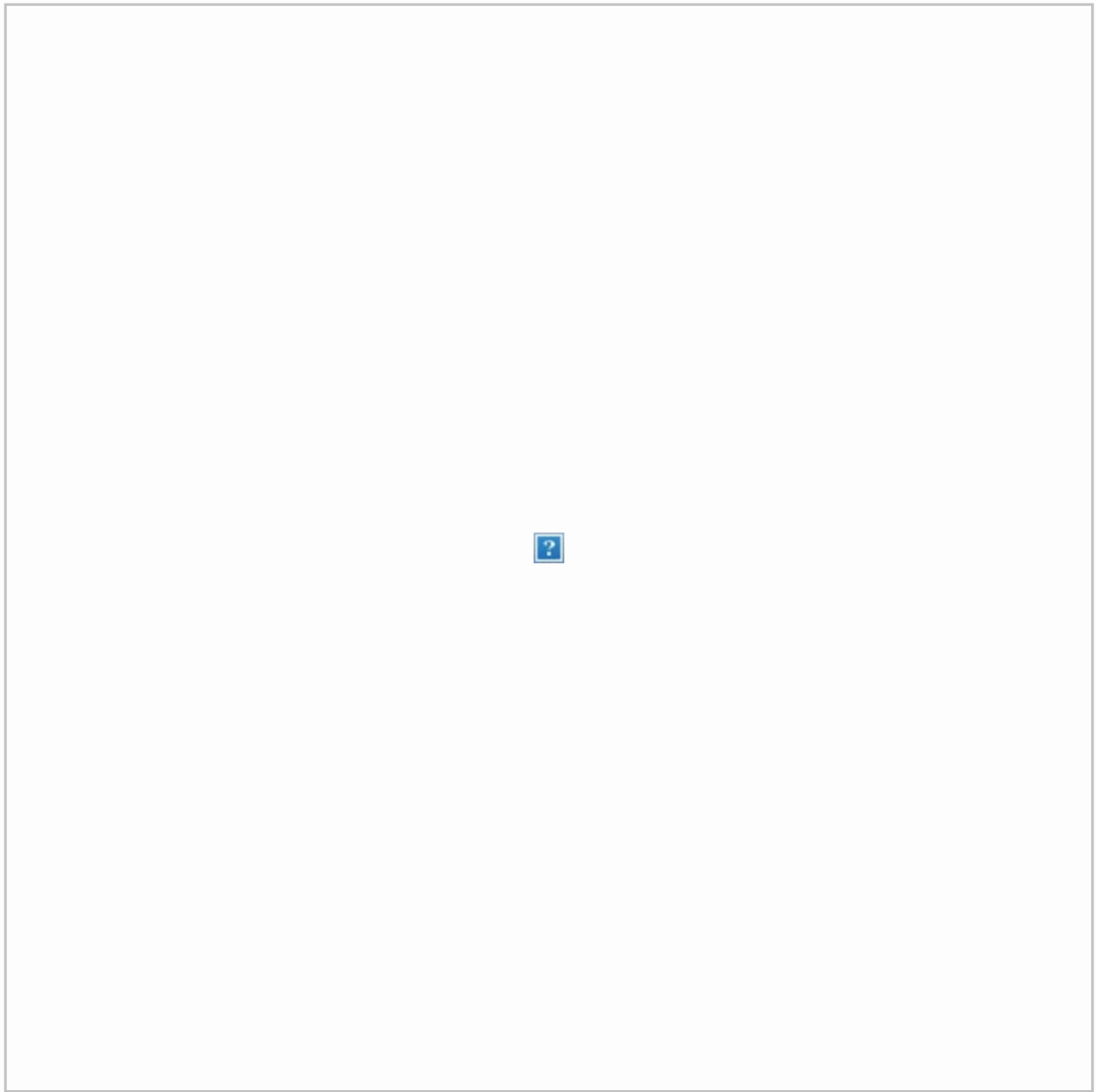
Clues will be shared via Instagram @scsu_orientation .



SCSU is looking for musicians for the Pep Band!

This email went to students this week!

Want to show your school spirit and meet other Owls while playing music? Join the SCSU Pep Band! This new group will perform at home men's and women's basketball games this year. All instruments are needed and welcome! E-mail music@southernct.edu for more info about rehearsals, performances, and other details of this opportunity—see you on the court!





Monday, October 21st

11:00am - 12:00pm

Study Spot Cafe

Adanti Student Center Room 217

Commuter Services invites you to The Study Spot Cafe for a quiet study session. Commuter Assistants greet you with coffee, snacks, and a contract. Complete everything on your contract, you will be entered for a chance to win a Southern gift basket.

Sponsored by: Commuter Services for Mid-Semester Recharge Week

12:00pm - 2:00pm

Marigolds & Movies

Jennings Hall Room 111

Join the Innovation Hub to help us prepare for Dia de los Muertos, a holiday widely celebrated in many Latin countries. Make your own marigold garland to hang up in your room to get ready for the festivities! We will also be watching a popular movie themed around Dia de los Muertos, and snacks will be provided!

Sponsored by: The Innovation Hub

1:00pm – 2:00pm

Hocus Pocus Body Meeting

Adanti Student Center Theater

It's just a bunch of Hocus Pocus! Come join your favorite programming board Procon for a spooky afternoon full of Hocus Pocus vibes and fun!

Sponsored by: Programs Council

1:00pm - 2:00pm

PEP Talk: Creating a Professional Image and Brand - RSVP [HERE](#)

School of Business Room 122

Meet and engage with Alicia Valentino, Manager & Stylist at Valentino Tailors. Alicia will share her expertise to help you develop a professional image and brand to *WOW* employers!

Sponsored by: The School of Business Women in Leadership Academy

1:00pm - 2:00pm

Student Government Association Meeting

Adanti Student Center Room 217

Come by and visit to see what the Student Government Association is all about. Feel free to come with any questions!

Sponsored by: Student Government Association

3:00pm - 4:00pm

Pumpkin Painting

Adanti Student Center Room 217

Celebrate the fall season with OLAS at our Pumpkin Painting event! Whether you're an artist or just want to have some fun, this event is the perfect chance to get creative and relax.

Sponsored by: Organization of Latin American Students (OLAS)

4:00pm - 6:00pm

Sukkot Party

Near Remembrance Garden

Join Hillel as we celebrate Sukkot, with our very own Sukkah this year! There will be food, games, and fun for everyone!

Sponsored by: Hillel

7:00pm - 9:00pm

Study with Beta Nu!

Adanti Student Center

Join us for a focused study session hosted by Hermandad de Sigma Iota Alpha, Inc. Striving for academic excellence is a priority for our Precious and Rare organization. Whether you're preparing for exams, working on a project, or just need a quiet place to focus, this is a great opportunity to build better study habits, support each other, and demonstrate our commitment to scholarly success.

Sponsored by: Hermandad de Sigma Iota Alpha, Inc.

7:30pm - 9:00pm

Prayer Nights

Adanti Student Center Room 201

Join us for an inspiring and heartfelt evening of prayer at InterVarsity Christian Fellowship prayer night!

Sponsored by: InterVarsity Christian Fellowship

9:30am - 10:30am

Commuter's Cup

Engleman Hall Rotunda

Brighten up your morning commute with a refreshing juice giveaway! Join us every Tuesday and grab a delicious, healthy juice on your way to class. It's a perfect pick-me-up to kick start your day!

Sponsored by: Commuter Services

12:00pm – 1:00pm

Commuter Creates

Adanti Student Center Room 217

Join us for our weekly painting event, where we explore a new theme each

week! Don't miss out on the creative fun!

Sponsored by: Commuter Services

12:00pm – 1:30pm

Domestic Violence Awareness Month Tabling

Adanti Student Center Room 235 - SAGE Center

Stop by the SAGE Center where a tabling event will be occurring with members from our campus' Wellbeing Center Team. Learn about the various services provided by the Violence Prevention, Victim Advocacy & Support (V.P.A.S.) Center on campus, take from our plethora of resources and connect with some of the many queer voices and faces from around campus.

Sponsored by: The SAGE Center, Wellbeing Center, V.P.A.S., and the Division of Diversity, Equity, and Inclusion

12:30pm - 1:30pm

Let's Get Real Drop-In Group

Engleman Hall Room B219

A supportive place to be yourself and discuss personal and college experiences. Make connections, get perspective, and share coping strategies. Let's help each other have a great first semester and deal with any challenges that come up! This event is facilitated by a licensed therapist. For more information, contact Elaine at 203-392-5475 or allene4@southernct.edu.

Sponsored by: Counseling Programming and Outreach for Mid-Semester Recharge Week

1:00pm – 2:00pm

Stress and Work Performance

Adanti Student Center Room 201

Join University Access Programs in hands-on activities, interactive discussions, peer connections, and a fun atmosphere!

Sponsored by: University Access Programs for Mid-Semester Recharge Week

1:00pm – 2:00pm

Open Gym

Pelz Gymnasium

When was the last time you had control over what happened in your Physical Education class? PE Club's Open Gym meetings are designed to give you time

to get physically active. Make sure your sneakers are ready, and you are set to move!

Sponsored by: The Physical Education Club for Mid-Semester Recharge Week

2:00pm - 4:00pm

Sit Down & Write

Online - Join [HERE](#)

The idea is that we can have a dedicated time, every week, devoted to writing... or any other quiet creative activity. By scheduling it, and having a group, we can motivate ourselves to actually Sit Down & Write.

We're using the Pomodoro Technique, which consists of 25 minute working sessions and 5 minute breaks: a time-tested technique that helps many people focus and accomplish tasks.

Sponsored by: Buley Library

3:30pm – 4:30pm

Candy Crush

Adanti Student Center Room 217

Do you have a sweet tooth? Join ProCon to make your own personalized candy salad with all your favorite candies, play some games with chances to win prizes, and make friends.

Sponsored by: Programs Council

5:00pm – 7:00pm

Volleyball vs. Pace University

Pelz Gymnasium

Cheer on the Owls as they take on Pace University!

Sponsored by: SCSU Athletics and Recreation

5:00pm – 7:00pm

The Rocky Horror Picture Show Viewing

Engleman Hall Room B225

Join us in watching a classic that is perfect for spooky season. All are welcome!

Sponsored by: The Psychology Club

6:00pm – 8:00pm

“Preschool to Prison” Documentary Screening and Discussion

The Lyman Center

A screening of the award-winning documentary film *Preschool to Prison*, with special guest Dr. Karen Baptiste (Dr. K), the director of the film.

Sponsored by: The College of Education, The President's Office, the College of Arts and Sciences, the College of Health and Human Services, the Division of Diversity, Equity, and Inclusion, and the Center of Excellence for Teaching & Learning

7:00pm – 9:00pm

Men's Soccer vs. Adelphi University

Jess Dow Field

Cheer on the Owls as they take on Adelphi University!

Sponsored by: SCSU Athletics and Recreation

Wednesday, October 23rd

10:00am – 2:00pm

GYT Express Testing

Student Health Services

Come down to Student Health Services to get STD tested. Available to all students, appointments are recommended and walk-ins are also available.

Sponsored by: Student Health Services

11:00am - 1:00pm

Wellbeing Wednesdays

Engleman Hall Rotunda

Stop by the Wellbeing Table and learn how to thrive as a student!

Sponsored by: The Wellbeing Center for Mid-Semester Recharge Week

12:00pm – 1:30pm

Prejudice and Pride: LGBTQ+ Banned Book Showcase

Adanti Student Center Room 201

Check out the titles of some of the most iconic LGBTQ+ titles that have faced censorship over the past years, and explore their significance in promoting visibility, acceptance, and understanding. Whether you're a lifelong reader or new to queer literature, this event promises to be a vibrant celebration of voices that deserve to be heard

Sponsored by: The SAGE Center and the Division of Diversity, Equity, and

Inclusion

12:00pm – 2:00pm

PEP Talk: Tell Me Who You Are & Why Should I Hire You – The Art of the Elevator Pitch – RSVP [HERE](#)

School of Business Room 122

Learn about the art of an elevator pitch in this PEP Talk! Lunch will be provided and be sure to RSVP.

Sponsored by: The School of Business Career Springboard Center

3:30pm – 4:30pm

Freshmen Bible Study

Adanti Student Center Room 303

We gather in fellowship to study the Bible, seeking wisdom and encouragement from its teachings as we navigate the challenges of transitioning into college life.

Sponsored by: InterVarsity Christian Fellowship

7:00pm – 10:00pm

Field Hockey vs. Bentley University

Jess Dow Field

Cheer on the Owls as they take on Bentley University!

Sponsored by: SCSU Athletics and Recreation

7:30pm - 9:00pm

InterVarsity Large Group Bible Study

Adanti Student Center Room 201

Come be in community and fellowship with SCSU's InterVarsity Christian Fellowship as explore love, faith and Christ through Bible studies, community nights, worship nights and more. Looking for a faith based spot on campus?

Maybe this is the place for you.

Sponsored by: InterVarsity Christian Fellowship

8:00pm – 9:30pm

Midterm Monster Mash

Adanti Student Center 217

Attend a Halloween-theme event for the Class of 2027! The night includes a costume party, photo room, desserts, drinks, and games! Costumes are highly encouraged

Sponsored by: The Class of 2027

Thursday, October 24th

8:30am - 10:30am

Good Morning Commuters

Adanti Student Center Room 217

Looking for a nutritious and delicious breakfast? Commuter Services has your back! Join us every Thursday for breakfast sandwiches.

Sponsored by: Commuter Services

11:00am – 1:00pm

BOO! You've been Ghosted

Adanti Student Center Plaza

Join VPAS to learn about the signs and effects of ghosting along with healthy alternatives, while enjoying free goodies!

Sponsored by: Violence Prevention, Victim Advocacy and Support Center (V.P.A.S.)

12:00pm - 1:00pm

PB & J Thursday

Engleman Hall Breezeway

Head to the breezeway outside Engleman B121 for ProCon's PB&J Thursday! We are your lunch providers every Thursday as we provide snacks, drinks, and most importantly, PB&J sandwiches!

Sponsored by: Programs Council

12:00pm – 2:00pm

Flag Trivia

Engleman B121

The Department of World Languages and Literatures will be hosting flag trivia, celebrating the many countries of this great world.

Sponsored by: The Department of World Languages and Literatures

12:00pm – 1:30pm

Are you Familiar with the Ballroom Scene?

Adanti Student Center Room 301

The ballroom scene is a vibrant subculture within the LGBTQ+ community,

particularly among Black and Latine individuals, that originated in New York City in the late 20th century. The ballroom scene is deeply rooted in self-expression, creativity, and resilience, offering a safe space for those who may feel marginalized in broader society.

Sponsored by: The SAGE Center

12:15pm – 1:00pm

Mindful Meditation Series

Recreation and Fitness Center

Join APRN Nurse Linda from Health Services, for her mindfulness meditation series and take an hour to decompress and reconnect

Sponsored by: SCSU Athletics and Recreation and Health Services for Mid-Semester Recharge Week

2:00pm - 3:30pm

QPR (Suicide Prevention) Training - RSVP [HERE](#)

Adanti Student Center Room 326

The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical, and proven suicide prevention training. The signs of crisis are all around us. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know. All students, faculty, and staff are welcome to participate. Please sign up and RSVP through OwlConnect beforehand!

Sponsored by: The Wellbeing Center

4:00pm – 5:00pm

Athletic Training Learning Lab Open House

Health and Human Services Building Terrace Level

Please join Master of Athletic Training Faculty for an interactive Open House in our AT Learning Lab. There will be snacks, opportunities to engage with equipment in our lab including balance pads, modality machines, rehabilitation equipment, and more!

Sponsored by: Master of Athletic Training Faculty

5:00pm - 7:00pm

The Thrifty Owl

North Campus Midrise Game Room

Our free re-use store powered by student donations! All students can visit the Thrifty Owl to shop for free dorm, school, and kitchen supplies.

Sponsored by: The Sustainability Office

5:30pm

Women's Resiliency Forum – RSVP [HERE](#)

The School of Business Community & Case Study Rooms

The *Women in Leadership Academy* in collaboration with *Women's & Gender Studies* proudly presents a **Women's Resiliency Forum** featuring a powerful panel of gifted and talented change makers who are creating an impact within diverse industries across Connecticut and the globe.

Sponsored by: The Women in Leadership Academy and Women's & Gender Studies

11:00pm – 12:45am

The Rocky Horror Picture Show Showing

Kendall Drama Lab

Join the Crescent Players for a showing of the musical horror movie, The Rocky Horror Show. This will be a fun interactive showing. You can dress up in costumes. There will be a giveaway too!

Sponsored by: The Crescent Players

Friday, October 25th

8:00am – 12:00pm

The Industry Xperience: Redefining Training with XR – Register [HERE](#)

Adanti Student Center

A “must-attend” workshop to understand XR for health services, manufacturing, and biopath industry trainers, as well as students and faculty.

Sponsored by: The Office of Workforce & Lifelong Learning

11:30am - 12:30pm

La Fe Bible Study

Adanti Student Center Room 201

We are excited to invite you to dive into scripture with the Latinx Community on campus!

Sponsored by: InterVarsity Christian Fellowship

1:00pm – 3:00pm

Beaver Brook Clean-Up

Meet at the intersection between Fitch Street and Crescent Street

Join West River Watershed Coalition (WRWC) for another series of trail work, litter removal, and improvement of this green space and waterway next to our campus. Please meet the group at the intersection of Crescent Street and Fitch Street!

Sponsored by: The Sustainability Office

4:30pm - 6:00pm

Shabbat

Remembrance Garden

Come join Hillel for Shabbat every Friday throughout the semester!

Sponsored by: Hillel

7:00pm – 9:00pm

Men's Soccer vs. Assumption University & Senior Night

Jess Dow Field

Cheer on the Owls as they take on Assumption University and celebrate Senior Night!

Sponsored by: SCSU Athletics and Recreation

Saturday, October 26th

10:00am – 12:00pm

Men's Club Volleyball vs. Iona University Scrimmage

Pelz Gymnasium

Cheer on the Men's Club Volleyball team as they take on Iona University!

Sponsored by: SCSU Athletics and Recreation

1:00pm – 4:00pm

Football vs. Franklin Pierce University – Blitz Cancer / Think Pink

Jess Dow Field

Cheer on the Owls as they take on Franklin Pierce University!

This game is more than just football, it's about coming together for a greater cause. The theme is **Blitz Cancer** as we unite to raise awareness for cancer and support those affected by it. We encourage all fans to **Think Pink** and wear pink in solidarity for this important cause.

Sponsored by: SCSU Athletics and Recreation

6:00pm – 9:00pm

Field Hockey vs. Southern New Hampshire University & Senior Day

Jess Dow Field

Cheer on the Owls as they take on Southern New Hampshire University and celebrate Senior Day!

Sponsored by: SCSU Athletics and Recreation

Sunday, October 27th

11:00am – 1:00pm

Women's Rugby vs. Eastern Connecticut State University

Jess Dow Field

Cheer on the Women's Club Rugby team as they take on Eastern Connecticut State University!

Sponsored by: SCSU Athletics and Recreation

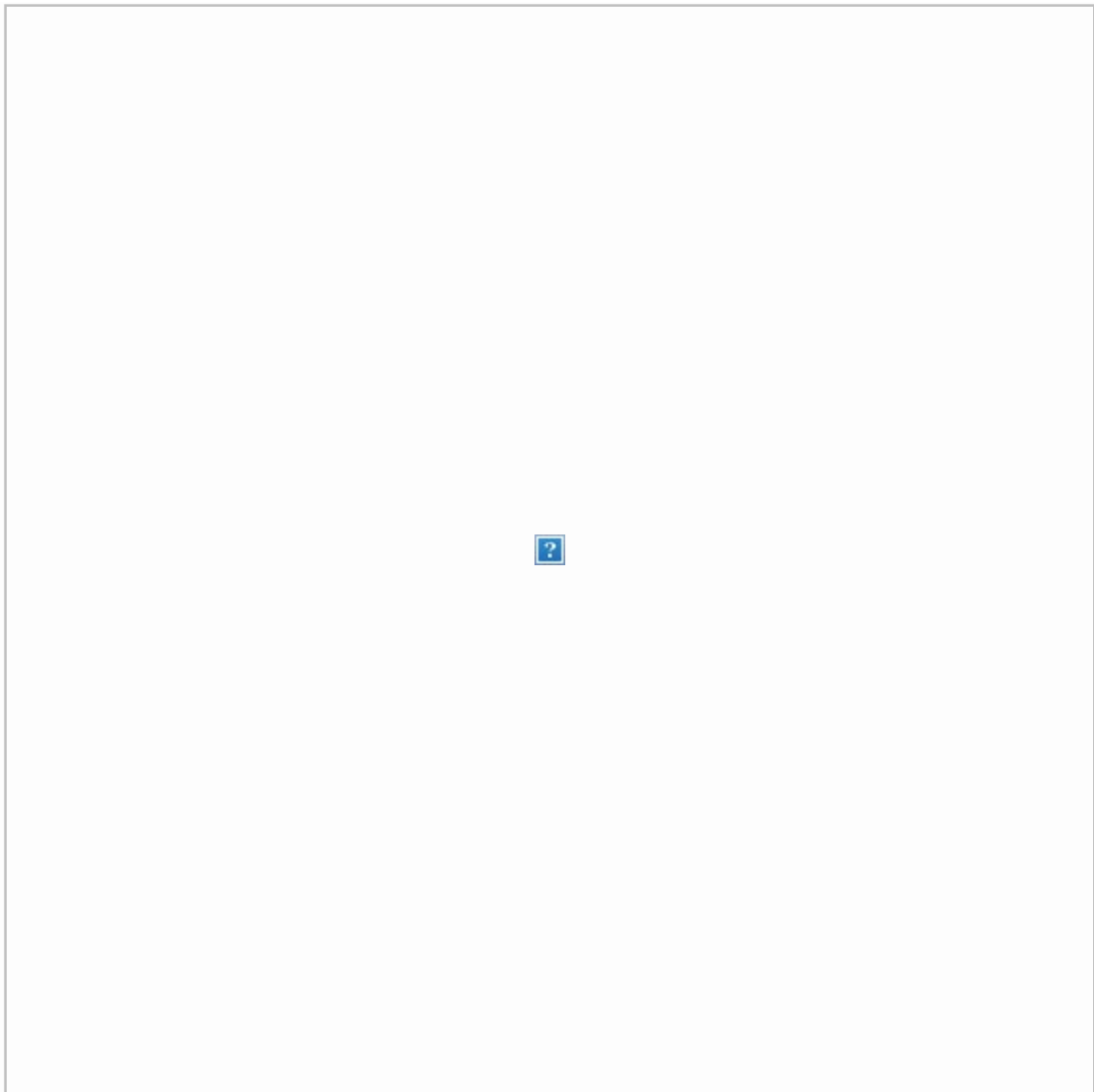
7:00pm - 10:00pm

PALS in the Farnham Programming Space

Farnham Programming Space

Are you taking MAT100P? Come work with Peer Academic Leaders in FPS to earn math hours, enjoy a quiet space to work in, and bring your laptops!

Sponsored by: Residence Life and CASAS for Mid-Semester Recharge Week

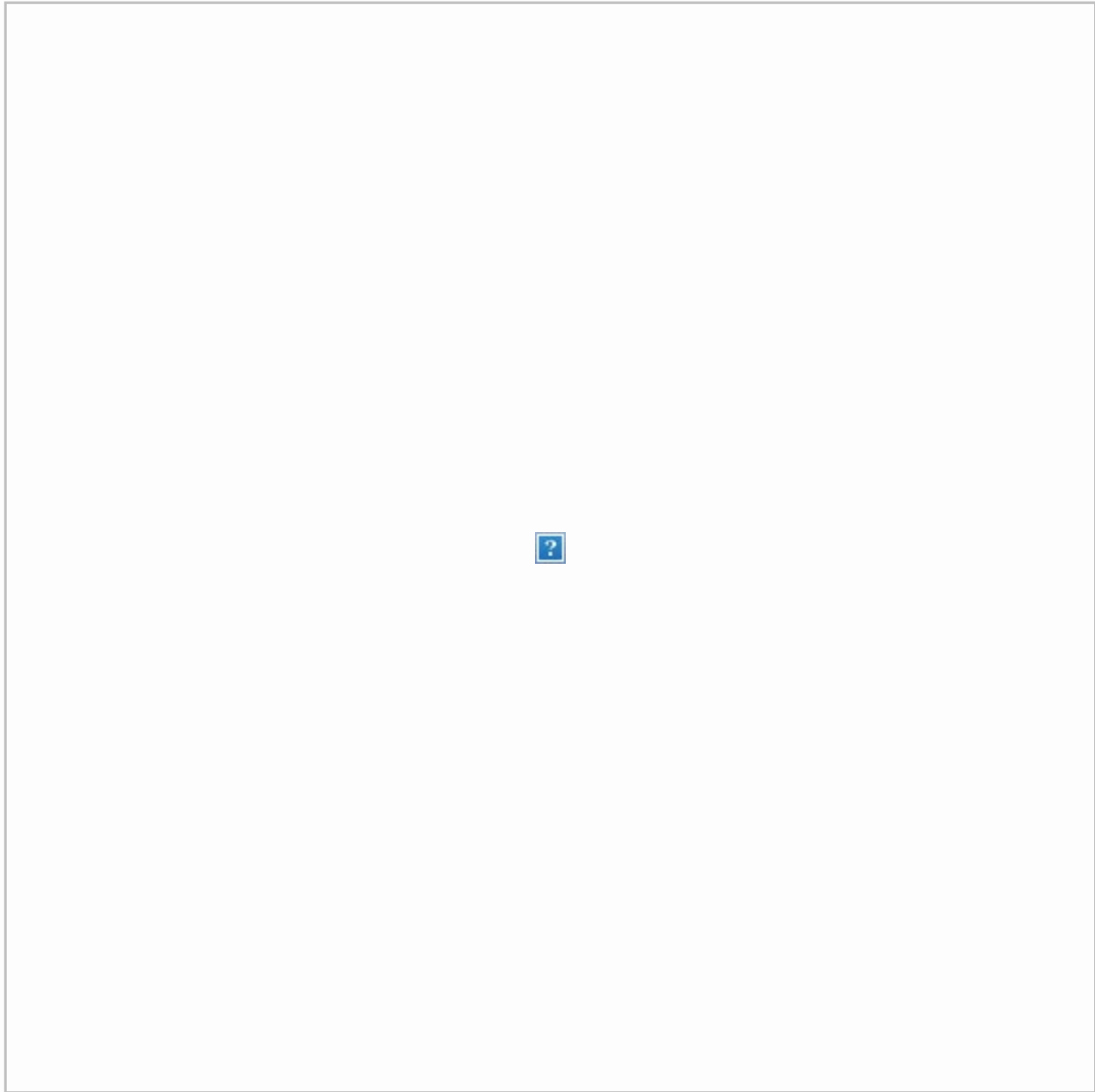


Helpful Links- these are a number of helpful links that we have gathered specifically for parents/families that will be helpful now and in the future.

Resources- these is another general page filled with links that may be helpful!

Residence Life- with so many questions regarding residence life, this may be a great place to find information!

Advising- information regarding academic advising.



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