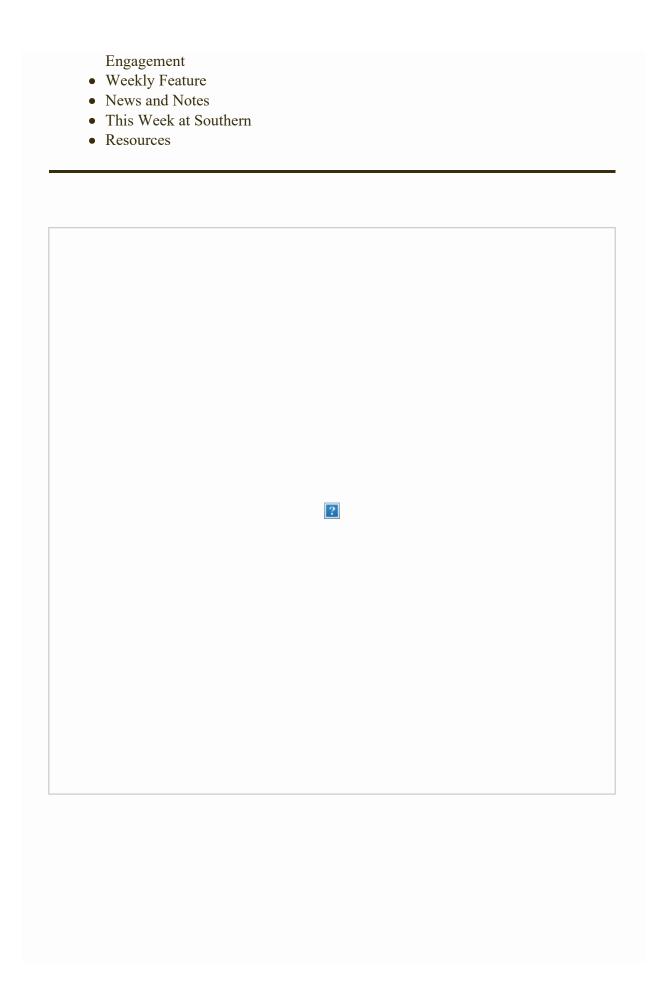
From: To:	Sal Rizza, Director of OTFE Rizza, Salvatore A.	
Subject: Date:	Owl Family Update II Week 6 Monday, September 30, 2024 11:17:01 AM	
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Famil	y Update: September 30, 2024	
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1 n19	s email contains the following:	
• ]	Message from the Director of Orientation, Transition & Family	

Sal Rizza, Director of OTFE





Dear Parents and Families!

We are now in the sixth week of the semester. While first-year students are wading through their first semester through their first college experiences, upper-division students are in a different place. Students who started strong last year continue to thrive even when faced with adversity while those who may have struggled in their first year face the challenges of tougher classes while they try to raise their GPAs.

For those with sophomores and juniors, now would be a good time to check and see how they are feeling as they will soon prepare for harder course assignments. They'll soon be meeting with advisors and may be questioning their majors and career trajectories. This week is also Major and Career Exploration Week. There are are a number of events this week (see "This Week at Southern") designed support students in learning more about majors, minors and careers. The Majors and Minors Fair, will be Tuesday, October 1st from 12pm- 3pm in the Adanti Student Center Ballroom.

It is also important to note that mid-terms are just around the corner and many students may have already been assigned major assignments including essays, projects, presentations and exams. As you connect with your students, encourage them to visit the <a href="Center of Academic Success and Accessibility">Center of Academic Success and Accessibility</a>
Services not only if they struggle with a specific course or assignment but also to ensure they are achieving their goals. Even the best student has the ability to improve and prepare!

**Family Day** is this Saturday ,October 5<sup>th.</sup> In addition to Family Day, we will be celebrating our traditional Homecoming as parents, families and alumni will attend many of the festivities together. If you are interested in attending the Family Day Breakfast, please register today as space is limited and we are

close to reaching capacity.

**Sibling Night will be** this Friday, October 4th! This will be a great opportunity for students to share their college experience with siblings, cousins and friends!

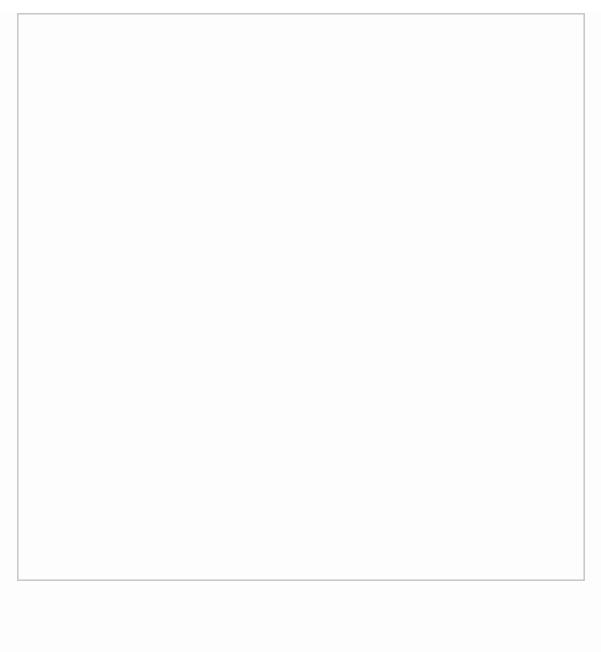
Visit https://go.southernct.edu/homecoming/family.php for more information on Family Day and Sibling Night.

Have a great week and please let us know if we can be of any support to you!

Sincerely,

Sal Rizza

Director of Orientation, Transition & Family Engagement



# **Major and Career Exploration Week**

Students who make an effort to explore are more likely to make decisions that align with their interests and are ultimately more successful academically and professionally. This week, you will find multiple ways to engage virtually and inperson giving you the opportunity to explore majors and careers.

**Tuesday, October 1st** 

12:00pm - 3:00pm

**Majors and Minors Fair** 

Adanti Student Center Ballroom

Enjoy this once-a-year opportunity to meet faculty representatives from every academic department all in one place! During this event, you can learn about the many majors and minors that SCSU has to offer, make connections with faculty, consult with advisors, and win prizes!

Note: First-semester freshmen can attend this event as the required engagement pathway for their INQ class and are highly encouraged to attend!

Sponsored by: The Office of Academic Advising for Major & Career Exploration Week

# **Homecoming & Family Weekend!**

There is so much for students to get excited about this week! Take a look below at all the different ways you can participate in this week's events. To see a complete list of events and activities, be sure to visit the Homecoming and Family Weekend website by clicking <u>HERE</u>.

6:00pm

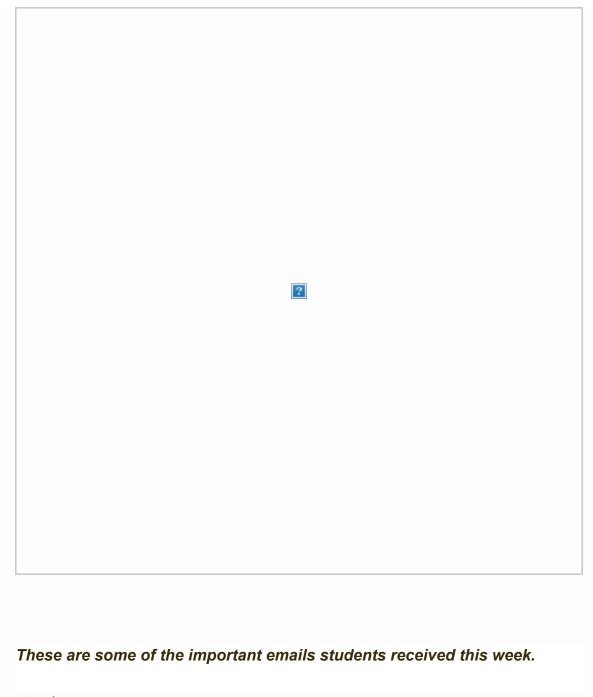
#### Sibling Night - Register HERE by 9/30!

Residence Life Quad

Young family members of our residential AND commuter students get the opportunity to spend time on campus and experience a little bit of college life! We have lots of games and activities planned, and make sure they bring their sleeping bags if they are staying overnight!

Contact the Office of Residence Life for questions on age restrictions for overnight and registration is due no later than Monday, September 30th!

Sponsored by: The Office of Residence Life and Student Involvement and Leadership Development



Hi Owls,

Winter and Spring class schedules are now live! Winter registration opens for all students on November 4, 2024, at 8AM. Check your specific <u>spring registration date and time here.</u>

#### **Spring Registration Dates**

- November 4, 2024 (Graduates and Post-baccalaureates)
- November 6, 2024 (Seniors)
- November 11, 2024 (Juniors)

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- November 13, 2024 (Sophomores)
- November 19, 2024 (Continuing Freshmen)
- November 20, 2024 (Non-degree seeking graduate students)
- November 25, 2024 (Non-degree seeking undergraduate students)

#### **Prepare for Registration**

Use the <u>Registration Checklist</u> to review how to plan your schedule, obtain your pin, and check for any holds that may prevent registration.

#### **Academic Advising Appointments**

- **First semester freshmen:** You will meet with your assigned Professional Advisor for course registration advising and to receive your registration PIN. Look for the meeting invite already sent to your email.
- Other undergraduates: You will meet with your assigned Faculty Advisor for course registration advising and to receive your registration PIN. If you have been not contacted by your advisor/department, please reach out to them (who is my advisor?) or the department chairperson for your major directly for assistance.
- Graduate students: For course registration questions, please reach out to your graduate program coordinator or advisor for support.

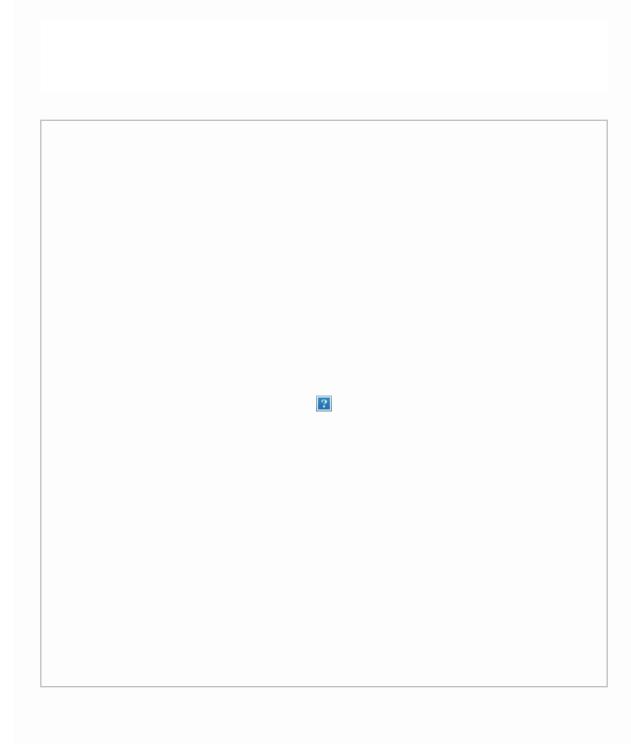
Registrar's Office

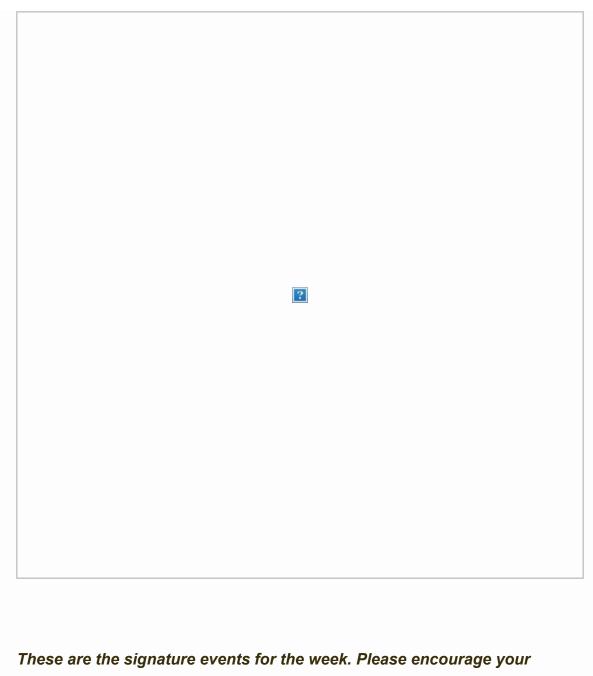
# Join Us for an Evening with Olympic Gold Medalist Alexis Holmes

# Wednesday, October 30, 7 p.m. John Lyman Center for the Performing Arts

Olympic track and field gold medalist Alexis Holmes, a native of Hamden, Conn., and daughter of Southern's own Dawn Stanton, '90, MS '97, returns home with her medal from the Paris 2024 Olympics and sits down for a public conversation at Southern's Lyman Center on the evening of October 30,

# **Information and Tickets**





students to visit the full calendar as this is a very full week of events!

**Signature Events** 

**All Week** 

#### **Get Educated: Facts About Majors & Careers**

Online - Click HERE to learn more!

Most college students feel stressed about choosing a major and/or career. A lot of this anxiety comes from the fact that much of what you believe to be true

about choosing a major/career...simply isn't true. We're here to provide facts, not opinions. Because you owe it to yourself to gather as much accurate and reliable information as possible so that you can make a confident and informed decision!

Sponsored by: The Office of Academic Advising for Major & Career Exploration Week

#### Ask an Exploration Ambassador About Their Major

Online - Click <u>HERE</u> to contact an Exploration Ambassador
Exploration Ambassadors are current Southern undergraduate students from
the various majors and concentrations at the University. They use their own
experiences to give you an idea of what it's like to be a student in their program!

Sponsored by: The Office of Academic Advising for Major & Career

Sponsored by: The Office of Academic Advising for Major & Career Exploration Week

#### **Tuesday, October 1st**

12:00pm - 3:00pm

#### **Majors and Minors Fair**

Adanti Student Center Ballroom

Enjoy this once-a-year opportunity to meet faculty representatives from every academic department all in one place! During this event, you can learn about the many majors and minors that SCSU has to offer, make connections with faculty, consult with advisors, and win prizes!

Note: First-semester freshmen can attend this event as the required engagement pathway for their INQ class and are highly encouraged to attend!

Sponsored by: The Office of Academic Advising for Major & Career Exploration Week

#### **Thursday, October 3th**

4:00pm - 5:00pm

**Degree Plan 101 - Understanding Your Degree Plan** 

Online - Join HERE

Learn how to use this tool to plan your classes for next semester.

Sponsored by: The Office of Academic Advising for Major & Career Exploration Week

#### Friday, October 4th

11:00am - 12:00pm

**Degree Plan 101 - Understanding Your Degree Plan** 

Online - Join HERE

Learn how to use this tool to plan your classes for next semester.

Sponsored by: The Office of Academic Advising for Major & Career Exploration Week

## **Homecoming & Family Weekend!**

There is so much for students to get excited about this week! Take a look below at all the different ways you can participate in this week's events. To see a complete list of events and activities, be sure to visit the Homecoming and Family Weekend website by clicking <u>HERE</u>.

#### **Signature Events**

#### Thursday, October 3rd

7:00pm - 9:00pm

## Pep Rally

Moore Field House - Wintergreen Parking Lot

Join us in Moore Field House Parking Lot as we get ready for the big game on Saturday! Meet the athletic teams, win prizes, compete in contests and make some noise! We hope to see you there!

Sponsored by: The Homecoming & Family Weekend Committee

9:00pm - 1:00am

Caribbean Student Association Presents: Rep Your Flag - RSVP HERE Adanti Student Center Ballroom

This long-standing tradition is a student favorite! Come out and join CSA in celebration of all cultures. We may be divided by water but will be united by culture! Alumnus DJ Fire on the 1s and 2s! **RSVP is required via OwlConnect**.

**Sponsored by: Caribbean Student Association** 

#### Friday, October 4th

3:30pm - 6:30pm

#### Field Hockey vs. Saint Michael's College

Jess Dow Field

Join our Field Hockey team at Jess Dow Field in the evening as they take on a tough conference opponent in the Purple Knights!

**Sponsored by: SCSU Athletics and Recreation** 

6:00pm

## Sibling Night - Register HERE by 9/30!

Residence Life Quad

Young family members of our residential AND commuter students get the opportunity to spend time on campus and experience a little bit of college life! We have lots of games and activities planned, and make sure they bring their sleeping bags if they are staying overnight!

Contact the Office of Residence Life for questions on age restrictions for overnight and registration is due no later than Monday, September 30th!

Sponsored by: The Office of Residence Life and Student Involvement and Leadership Development

9:00pm-11:00pm

#### Late Night Breakfast and BINGO!

Connecticut Hall

Head to Connecticut Hall for late night breakfast and BINGO! We will have a full breakfast buffet, music, giveaways and of course, BINGO! Prizes include electronics, gift cards, and much more! Be sure to bring your hoot loot card and a charged cell phone to the event. We will see you there!

Saturday, October 5<sup>th</sup>

# Homecoming and Family Day!

Click <u>HERE</u> for the full list of Saturday's events!

Sunday, October 6th

10:00am

**Alumni Lacrosse Game** 

Jess Dow Field

Join fellow lacrosse alumni for this annual tradition! Contact Coach Ken Siedlicki for more information at <a href="mailto:siedleckik1@southernct.edu">siedleckik1@southernct.edu</a>.

**Sponsored by: SCSU Athletics and Recreation** 

1:00pm - 3:00pm

#### Women's Soccer vs. Southern New Hampshire University

Jess Dow Field

Come support our Women's Soccer Team as we close out Homecoming and Family Weekend! Join them at Jess Dow Field on Sunday afternoon as they take on a tough conference opponent in the Penmen!

**Sponsored by: SCSU Athletics and Recreation** 

4:00pm - 5:30pm

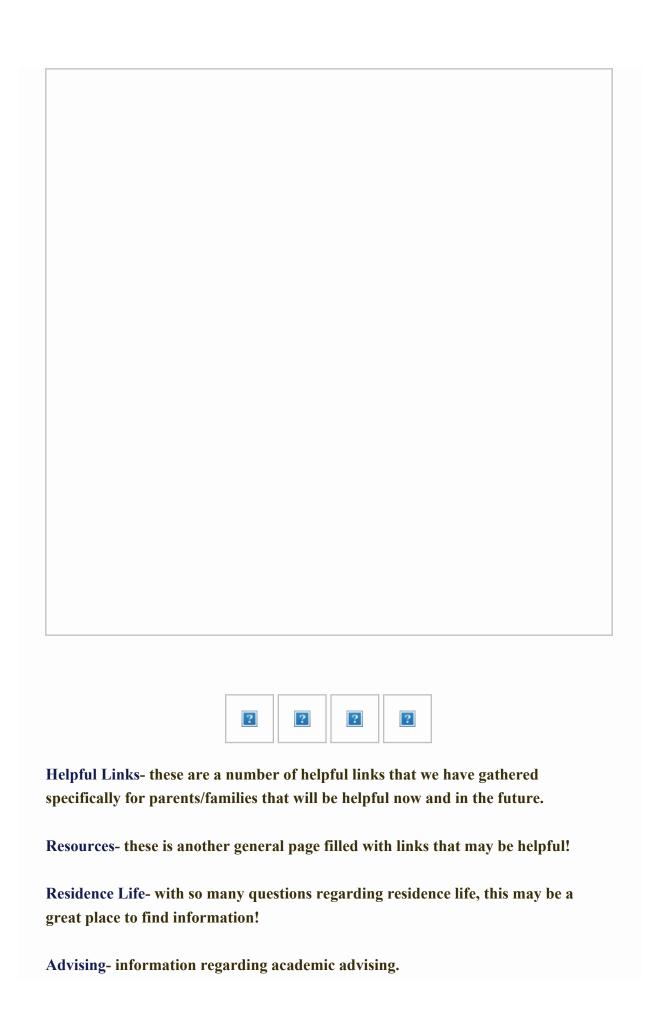
Men's Rugby vs. QU Men's Rugby

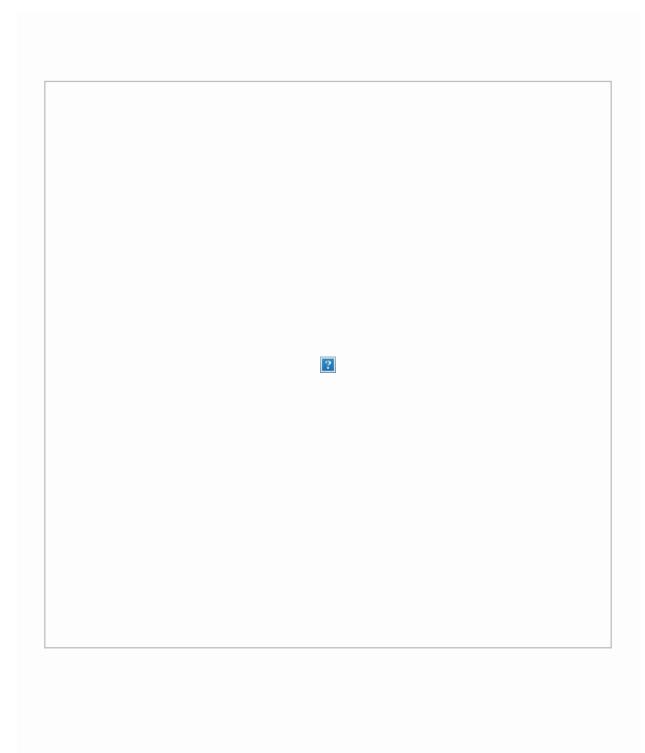
Jess Dow Field

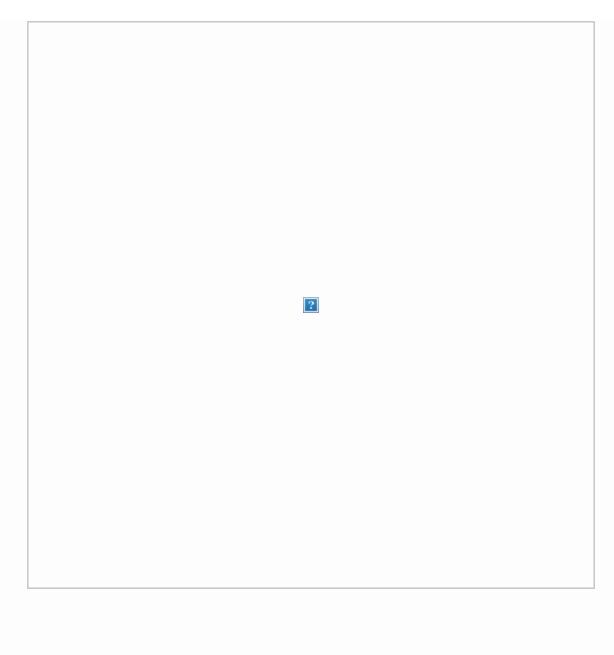
Cheer on Men's Rugby at they take on QU Men's Rugby

Sponsored by: SCSU Athletics and Recreation for Homecoming and

**Family Weekend** 







orientation@southernct.edu 203.392.5168

501 Crescent Street 06515,New Haven

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