From: Families on behalf of Rizza, Salvatore A.

To: families@lists.southernct.edu

Subject: [Families] Family Update II March 4, 2024

Date: Monday, March 4, 2024 1:48:14 PM

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Dear Owl Families,

We are at the mid-way point of the semester! This is a very full email with lots of important information.

This email includes:

- 1. Message from the Director of Orientation, Transition & Family Engagement
- 2. Career & Internship Fairs
- 3. ADD & ADHD Screenings
- 4. Spring Break Closing
- 5. This Week at Southern
- 6. Resources

Message from the Director of Orientation, Transition & Family Engagement

Dear Families,

This is a very busy week! Id' like to highlight the Career & Internship Fairs that takes place on Wednesday and Thursday. These events boost students' career readiness and help them learn about opportunities within their fields. Our Office of Career and Professional Development has worked diligently to engage students and promote these events. We ask you to also reach out to your students and encourage them to participate. Whether your student is a first-year student or senior, spending time with future employers benefits students in multiple ways even if it is as simple as thinking about how they will approach their future. College can be transformative by helping people improve their station in life and have productive and fulfilling lives. Programs such as the Career & Internship Fairs allows students to learn of opportunities that they may not have previously considered. Your personal outreach to students with whom you regularly connect holds immense potential in capturing their attention and emphasizing the importance of their participation.

Next week is Spring Break and students will have the opportunity to reset and recharge. Below you will find the email sent to residential students regarding Spring Break closing. This is an important time to check in with students regarding their progress this semester and to begin thinking about next semester as they should be making appointments with their advisors. Fall 2024 course registration will begin for juniors (next year's seniors) on April 2nd.

If	our	office	could	be of	support,	please	feel	free	to	reach	out.

Sincerely,

Sal Rizza

Director of Orientation, Transition & Family Engagement



SCSU Industry-Fair Series

Wednesday, March 6, 2024 12:00 pm – 2:00 pm – Business, STEM & Manufacturing 3:00 pm – 5:00 pm – Communications, Marketing, Media & the Arts

Thursday, March 7, 2024 1:00 pm – 3:00 pm – Healthcare & Public Health 4:00 pm – 6:00 pm – Social Work, MFT & Counseling

Students Register Here (use your SCSU login credentials)

The Center for Academic Success and Accessibility Services in partnership with The Office of Psychological Assessment

ADD/ADHD **SCREENINGS**

Thursdays Fridays

Tuesdays 10 am - 12 pm Wednesdays 10 am - 12 pm Thursdays 1 pm - 3pm 1pm - 3pm 9 am - 11 am

SCAN TO SCHEDULE WITH DR. COLWELL'S TEAM



Free for all SCSU students!

- Schedule an appointment using the QR code or visiting **CASAS**
- All screening will be done at CASAS, BU 306
- Call the CASAS main line if you have any questions o (203) 392-6828

Dear Residential Students,

We hope you are all having a wonderful spring semester! With spring break right around the corner, we wanted to provide you with some important information regarding spring break housing and closing. Please read the information below carefully and reach out to your Resident Advisor or Residence Hall Director with any questions or concerns.

Spring Break Closing Information for all Residents:

- The residence halls close at 5:00 pm on Friday, March 8th, 2024.
- You must vacate your Residence Hall on the day of your last class if you do not have a class on Friday or Saturday.
- You are required to prepare your room for the break and check out with a staff member. (See below: Closing Instructions).
- The deadline for requests to stay late and the spring break housing application is noon on Wednesday, March 6th. (See below: Additional Time for Closing or Spring Break Housing).
- Residence Hall Directors and Resident Advisors will be inspecting your room/apartment after you leave for health and safety reasons and to ensure it is prepared for the break.

The Residence Halls will re-open on Sunday, March 17 at 2:00 pm.

Closing Instructions:

Please make sure the following tasks are completed before leaving for the break.

- Take home any valuables or items you will need during the break. You will not have access to
 your room over the break and the university is not responsible for items lost or stolen over the
 break.
- Remove and discard any perishable items from your room/refrigerator that might spoil during the spring recess.
- Be sure to clean your room and take out all garbage to the dumpster adjacent to your residence hall.
- Unplug every electrical unit in your room/apartment except for refrigerators, cable boxes, modems, and aquariums.
- Lock all windows and close all curtains and blinds.
- Complete the closing form posted on your room door and be sure to check out with a Residence Life staff member at the front desk of your residence hall before you leave.
- Please follow any additional closing procedures set forth by your residence hall director.
- If you wish to report a maintenance issue, please complete the <u>online maintenance request</u> <u>form</u>.

Additional Time for Closing: (For Students Who Require a Late Check-Out or Have a Saturday Class.)

If you require additional time (up until noon on Saturday, March 9th) to vacate your residence hall due to a late Friday class, a Saturday class, or extenuating circumstances, please submit your request by completing the Spring Break Housing Application. When completing the application, select the option to check out by noon on Saturday, March 9th. The Spring Break Housing Application can be found in your MyHousing and closes at noon on Wednesday, March 6th (for steps to access the application please see below: How to Reach the Break Housing Application).

Spring Break Housing:

If you require housing during the break or need to return early on Sunday, March 17th, please complete the spring break housing application that can be found in your MyHousing. The break housing application closes at noon on Wednesday, March 6th.

- The housing fee for part or all of spring break is \$320.00. We do not offer a nightly fee during this break period.
- There is a \$40.00 housing fee for students who request to return earlier than 2:00 pm on Sunday, March 17th.
- Spring break housing fees are due upon notification and must be paid before the start of spring recess.

How to Reach the Break Housing Application:

- Log in to your Banner Student account.
- Select "MyHousing".
- Next to the Residence Life logo in the top left-hand corner, click on the three lines.
- Select "Applications".
- Click "Spring Break Housing".

Please note: If you choose spring break housing, you will remain in your current housing assignment for the break.

Dining Hours Before Spring Recess:

Connecticut Hall will close at 2:30 pm on Friday, March 8^{th,} and reopens on Sunday, March 17th at 4:00 pm.

A Note About Packages:

Please note that all packages delivered during the break will be held in the Office of Residence Life (Schwartz Hall Room 105) until the week of March 18th. If you need to receive items during the break, please ensure that you update your delivery address to your break address/location. We also recommend pausing or delaying deliveries and updating any subscriptions, if applicable, until after the break, if possible.

If you need to retrieve a package from the office during the break, you must email us at reslife@southernct.edu in advance to set up a pickup time. Access will be limited.

If you have any questions regarding spring break closing, please do not hesitate to contact your Resident Advisor, Residence Hall Director, or the Office of Residence Life at (203) 392-5870 or send us an email at reslife@southernct.edu. We are open Mondays through Fridays from 8:30 a.m. to 4:30 p.m.

We hope you all have a restful break and best wishes for the remainder of the semester!

Sincerely,

The Office of Residence Life

Office of Residence Life I Southern Connecticut State University 501 Crescent Street I New Haven, CT 06515

A blue and white sign Description automatically generated



Planning an event? <u>Send us your flyers</u> for our social media stories for this week!

Career Readiness Week 2

Dive into a transformative week dedicated to empowering our students for the professional world! Career Readiness Week soffer a robust lineup of workshops, networking events, panel discussions, information sessions, and industry fairs tailored to prepare students and recent alumni for success in their chosen fields. Whether you're in your first year or your last at Southern, gearing up for your first job or a career pivot, this week promises valuable insights and tools to pave your professional journey!

Signature Events

All Week

Career Readiness Library Display

Buley Library - First Floor

As part of Career Readiness Week and leading up to SCSU Career Fairs, the library is hosting a Career Readiness Library Display, exhibiting books, e-books, and other resources on the topic of Career Readiness.

Sponsored by: Buley Library for Career Readiness Week

Monday, March 4th

12:00pm - 1:00pm

Before the Interview: Do Your Research

Buley Library Room 118

Discover how to find background info on your prospective company, org, or industry. Learn about trade journals, how AI tools are being used in different professions, and more.

Sponsored by: Buley Library for Career Readiness Week

Tuesday, March 5th

11:00am - 1:00pm

Meet and Greet: Learn to Intern - RSVP HERE

Adanti Student Center Room 201

Have a delicious lunch and listen to a panel of present and past students share their stories of how they landed their internships / jobs as well as learn how our team at the Innovation Hub can help you.

Sponsored by: The SCSU Innovation Hub

Wednesday, March 6th

12:00pm - 2:00pm

Business, STEM & Manufacturing - Career and Internship Fair - Register HERE

Adanti Student Center Ballroom

Join us for two days of Career & Internship Fairs! These events are designed to connect local companies with exploratory students and students across various majors. In partnership with the School of Business and the Division of Research and Innovation; come and learn about your future potential including jobs, internships, externships, and post-graduation positions. All students, alumni, faculty, and staff are welcome to attend!

Sponsored by: The Office of Career and Professional Development for Career Readiness Week

1:00pm - 2:00pm

From Southern Intern to Nonprofit CEO ... the Journey to the Top with Heather LaTorra and Jerry Brennan - RSVP HERE

School of Business Room 122

Heather joined Marrakech as an intern from Southern, and today she runs the organization. Hear how she rose to the top and information about the Business School's nonprofit internship program. The PEP Talks series brings in local business experts to share their knowledge, experience, and projections with YOU, the Southern student!

Sponsored by: School of Business and The Alliance

3:00pm - 5:00pm

Communications, Marketing, Media & the Arts - Career and Internship Fair - Register HERE

Adanti Student Center Ballroom

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Sponsored by: The Office of Career and Professional Development for Career Readiness Week

Thursday, March 7th

1:00pm - 3:00pm

Healthcare & Public Health - Career and Internship Fair - Register HERE

Adanti Student Center Ballroom

Join us for two days of Career & Internship Fairs! These events are designed to connect local companies with exploratory students and students across various majors. In partnership with the College of Health and Human Services; come and learn about your future potential including jobs, internships, externships, and post-graduation positions. All students, alumni, faculty, and staff are welcome to attend.

Sponsored by: The Office of Career and Professional Development for Career Readiness Week

4:00pm - 6:00pm

Social Work, MFT & Counseling - Career and Internship Fair - Register HERE

Adanti Student Center Ballroom

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Sponsored by: The Office of Career and Professional Development for Career Readiness Week

This Week's Events

All Week

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Before the Interview: Do Your Research

Buley Library Room 118

Discover how to find background info on your prospective company, org, or industry. Learn about trade journals, how AI tools are being used in different professions, and more.

Sponsored by: Buley Library for Career Readiness Week

12:00pm - 2:00pm

Commuter Luncheon

Adanti Student Center Ballroom

It's lunchtime! Commuter Services invites all commuting owls to a DIY mac & cheese bar at our monthly luncheon. Come enjoy a free and delicious meal and get to know fellow SCSU commuter students!

Sponsored by: Commuter Services

12:30pm - 1:30pm

Commuter Ca\$h Auction

Adanti Student Center Ballroom

Going once ... going twice ... SOLD! Join us for the SCSU Commuter Ca\$h Auction where you can bid on amazing prizes using the Ca\$h you've earned this semester.

Sponsored by: Commuter Services

1:00pm - 2:00pm

PEP Talk: The Future of Finance: Fix the Money, Fix the World with Steve Wilmarth - RSVP HERE

School of Business Room 122

Envision a world transformed with 'The Bit Guy,' where fixing finance through blockchain and digital currencies could be the key to solving global challenges and reshaping your future. The PEP Talks series brings in local business experts to share their knowledge, experience, and projections with YOU, the Southern student!

Sponsored by: School of Business and the BitCafe Project

5:00pm - 6:30pm

Anti-Oppression Reflections within Jewish Communities on Palestine and Israel - A Conversation with Peter Beinart: "American Jews, The War in Gaza, and the Future of Palestine and Israel"

Virtual - Register HERE to receive the Zoom link!

As tension and division continue to mount in much of the world around the Israel-Hamas conflict, college campuses in the U.S. have become a focal point of anger and dissent. As an institution of higher education with a social justice mission, Southern is holding a series of programs this spring that seek to explore the complexities of this crisis.

Sponsored by: The Division of Diversity, Equity and Inclusion (DEI) and the Racial Intersectional Justice Group (RIJG)

Tuesday, March 5th

9:30am - 10:30am

The Commuter's Cup

Engleman Hall Rotunda

Feeling like you need a quick pick-me-up before class? Swing by the Engleman Rotunda and have a chat with Commuter Assistant Heather Rae about our exciting upcoming commuter events. Plus, enjoy a refreshing beverage!

Sponsored by: Commuter Services

11:00am - 1:00pm

Meet and Greet: Learn to Intern - RSVP HERE

Adanti Student Center Room 201

Have a delicious lunch and listen to a panel of present and past students share their stories of how they landed their internships / jobs as well as learn how our team at the Innovation Hub can help you.

Sponsored by: The SCSU Innovation Hub

12:30pm - 1:30pm

The Study Spot Cafe

Adanti Student Center Room 217

Looking for a place to get work done? Commuter Services invites you to The Study Spot Cafe! Stop by our quiet zone and you will be greeted by a Commuter Assistant with an iced coffee, snacks, and a contract. You will be asked to fill out the contract with what you want to accomplish during this study session. If you complete everything on your contract, you will be entered for a chance to win a \$20 SCSU bookstore gift card. This is our way of incentivizing you to address procrastination AND to set attainable study / work goals!

Sponsored by: Commuter Services

12:30pm - 1:30pm

Speed Networking Event for Social Work Freshmen and Sophomores - RSVP HERE

Adanti Student Center - Room 301

Engaging the Department of Social Work's pre-BSW students with faculty and staff This event is for pre-BSW students and students interested in the Social Work major.

Engagement, advising, Q & A, lunch, swag, and fun!

Sponsored by: Social Work Department

3:00pm - 6:00pm

Baseball vs. Mercy University - Stream it HERE

The Ballpark at SCSU

Cheer on the Owls as they take on Mercy University!

Sponsored by: SCSU Athletics and Recreation

6:00pm - 8:00pm

March Madness

Adanti Student Center Room 217

Stressed about midterms? Join us for March Madness, a mindfulness event designed just for you! Unwind with therapeutic mural painting, grab stress balls to squeeze away tension, indulge in cozy fuzzy socks, and drift into relaxation with our complimentary sleeping masks. Your mental well-being matters – let's conquer midterms together!

Sponsored by: Programs Council

8:00pm - 9:00pm

Virtual Name That Character

Online - Join HERE

How well do you know cartoon characters? Test your knowledge with the Programs Council! Come to this virtual commuter event where we will be playing a fun game of Kahoot. You won't want to miss this event. The top three winners will leave with gift cards!

Sponsored by: Programs Council

Wednesday, March 6th

11:00am - 1:00pm

Wellbeing Wednesdays

Engleman Hall Rotunda

Stop by the Wellbeing Table and learn how to thrive as a student!

Sponsored by: The Wellbeing Center

11:00am - 1:00pm

Brunch with ProCon!

Adanti Student Center Room 217

Join Procon in ASC 217 to celebrate an early spring with our brunch event. Choose from a variety of hot breakfast items and meet some new friends!

Sponsored by: Programs Council

11:00am - 2:00pm

Pens & Pizza Event

Engleman Hall Room A208

Let's get a fair slice of state funding! Enjoy free pizza while advocating for high quality, affordable public higher education by writing to your state legislators and Governor Lamont.

Sponsored by: SCSU's American Association of University Professors

12:00pm - 2:00pm

Business, STEM & Manufacturing - Career and Internship Fair - Register HERE

Adanti Student Center Ballroom

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Sponsored by: The Office of Career and Professional Development for Career Readiness Week

12:00pm - 1:00pm

New Club Workshop

Adanti Student Center Room 227

Do you want to start a new club? Come to this mandatory step one for starting a new club. In this session, you will learn about all of the necessary steps to starting a new club.

Please note, that a new club cannot replicate the mission of a currently recognized club. Make

sure to look through the list of recognized clubs on OwlConnect to ensure you aren't duplicating an already recognized club.

Sponsored by: The Office of Student Involvement and Leadership Development

1:00pm - 2:00pm

Commuter Crew

Adanti Student Center Room 217

Looking for something to do between classes? Join us for an hour of fun, food, and friendship as we host the biweekly Commuter Crew meet up!

Sponsored by: Commuter Services

1:00pm - 2:00pm

From Southern Intern to Nonprofit CEO ... the Journey to the Top with Heather LaTorra and Jerry Brennan - RSVP <u>HERE</u>

School of Business Room 122

Heather joined Marrakech as an intern from Southern, and today she runs the organization. Hear how she rose to the top and information about the Business School's nonprofit internship program. The PEP Talks series brings in local business experts to share their knowledge, experience, and projections with YOU, the Southern student!

Sponsored by: School of Business and The Alliance

1:00pm - 2:30pm

"I AM: MUSLIM / AMERICAN"

Adanti Student Center Theater

The Long Wharf Theatre has collaborated with a variety of community partners to bring the stories of our New Haven neighbors to life on stage. Starting in 2021, Miller and Flynn interviewed Muslim Americans in Connecticut to capture the multitude of their experiences. These interviews were then reimagined into a screenplay and filmed with local actors over the course of two weekends at locations across New Haven.

Sponsored by: The Long Wharf Theater and the New Haven Play Project

Communications, Marketing, Media & the Arts - Career and Internship Fair - Register HERE

Adanti Student Center Ballroom

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Sponsored by: The Office of Career and Professional Development for Career Readiness Week

4:00pm - 7:00pm

Women's Lacrosse vs. The University of Bridgeport - Stream it HERE

Jess Dow Field

Cheer on the Owls as they take on the University of Bridgeport!

Sponsored by: SCSU Athletics and Recreation

6:00pm - 9:00pm

French Film Series: "Blurring Boundaries" - Learn more HERE

Adanti Student Center Theater

French Film Series: "Blurring Boundaries" engages with questions of fame, isolation, national identity, and gender. Films are free and open to everyone.

Sponsored by: SCSU French Department

7:30pm

Latin Jazz, Jazz Standards & Blues Ensemble

Engleman Hall Room C112

Come hear some mid-week music! SCSU students perform as part of the Jazz Standards and Latin Jazz Ensembles, directed by David Chevan, and the Blues Ensemble, directed by Jim Martin.

Sponsored by: The Music Department

Thursday, March 7th

8:30am - 10:30am

Good Morning Commuters

Adanti Student Center Room 217

Start your day off right by joining Commuter Services for the most important meal of the day breakfast! Stop by ASC 217 to select from a variety of breakfast sandwiches while supplies last!

Sponsored by: Commuter Services

11:00am - 2:00pm

Get Yourself Tested

Student Health Services - Granoff Hall

Come down to Student Health Services to get STD tested. Available to all students, appointments are recommended and can be made by scanning the QR code or by visiting StudenthealthEHR.southernct.edu. Walk-ins are also available!

Sponsored by: Health Services

12:00pm - 1:00pm

PB&I Thursday

Engleman Hall Breezeway

Join Programs Council in the Engleman Breezeway for a free PB&J sandwich and snacks this Thursday and every Thursday during the school semester!

Sponsored by: Programs Council

1:00pm - 3:00pm

Healthcare & Public Health - Career and Internship Fair - Register HERE

Adanti Student Center Ballroom

Join us for two days of Career & Internship Fairs! These events are designed to connect local companies with exploratory students and students across various majors. In partnership with the College of Health and Human Services; come and learn about your future potential including jobs, internships, externships, and post-graduation positions. All students, alumni, faculty, and staff are

welcome to attend.

Sponsored by: The Office of Career and Professional Development for Career Readiness Week

4:00pm - 6:00pm

Social Work, MFT & Counseling - Career and Internship Fair - Register HERE

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Sponsored by: The Office of Career and Professional Development for Career Readiness Week

7:00pm - 9:00pm

Project Dove

Adanti Student Center Room 308

Join the Finer Women of the Supreme and Sophisticated Psi Omicron Chapter in a night of studying.

Sponsored by: Zeta Phi Beta Sorority, Inc.

Friday, March 8th

12:00pm - 2:00pm

Sit Down & Write

Online - Join HERE

Sit Down & Write is a "facilitated writing" session. The idea is that we can have a dedicated time, every week, devoted to writing...or any other quiet creative activity. By scheduling it, and having a group, we can motivate ourselves to actually Sit Down & Write.

Sponsored by: Buley Library

2:00pm - 4:00pm

Food Recovery

Engleman Hall - Bagel Wagon

Ever wonder where your leftovers end up?

Spend an afternoon with the Office of Sustainability's Food Recovery Program and find out!

Recover with us Fridays from 2 to 4PM at Dunkin, The Bagel Wagon, and Conn Hall.

Anyone interested in volunteering should contact the Food Recovery Team Lead Chris at kowalskic2@southernct.edu.

Sponsored by: The Sustainability Office

7:00pm

MFA Reading: Laurel S. Peterson and Sheila Squillante

Engleman Hall Room D253

Laurel S. Peterson is a community college English professor whose poetry has been published in many literary journals. She has two poetry chapbooks, *That's the Way the Music Sounds* (Finishing Line) and *Talking to the Mirror* (Last Automat), and two full-length collections, *Do You Expect Your Art to Answer?* and *Daughter of Sky* (Futurecycle). Sheila Squillante, who received her MA in Creative Writing from SCSU, is the author of the poetry collections, *Mostly Human*, winner of the 2020 Wicked Woman Book Prize from Brick House Books, and *Beautiful Nerve*, as well as four chapbooks of poetry: *Dear Sunder, In This Dream of My Father, Women Who Pawn Their Jewelry*, and *A Woman Traces the Shoreline*.

Sponsored by: The Creative Writing Program

Saturday, March 9th

1:00pm - 4:00pm

Women's Lacrosse vs. Georgian Court University - Stream it HERE

Iess Dow Field

Cheer on the Owls as they take on the Georgian Court University!

Sponsored by: SCSU Athletics and Recreation

Resources

Helpful Links- https://inside.southernct.edu/parent-family/helpful-links, these are a number of helpful links that we have gathered specifically for parents/families that will be helpful now and in the future.

Resources- https://inside.southernct.edu/inside-southern, these is another general page filled with links that may be helpful!

Residence Life- https://inside.southernct.edu/residence-life, with so many questions regarding residence life, this may be a great place to find information!

Advising- https://inside.southernct.edu/advising, information regarding academic advising.

University Calendar- https://calendar.southernct.edu/

Academic Calendar- https://catalog.southernct.edu/undergraduate/academic-calendar.html?
https://catalog.southernct.edu/undergraduate/academic-calendar.html?
https://catalog.southernct.edu/undergraduate/academic-calendar.html?

You were subscribed to this listserv as your email is listed in your student's profile based on their initial application to Southern. The emails you will receive will include the information we send to your students, additional strategies specifically designed for parents/families and how they can best support their students and general information regarding the university.

As we will be intentional on the information we send, we will try not to "flood" your inbox and be very strategic on sending the most pertinent information.

We also invite you to join our Parent/Family Facebook Group, https://www.facebook.com/groups/scsuparents/. However, if you prefer not to receive future emails, please unsubscribe by replying to this email.