From:	Rizza, Salvatore A.
То:	families@lists.southernct.edu
Cc:	Simmons, Avery R.; Allen, Kimberly
Subject:	Parent/Family Update: October 3rd II Week 6
Date:	Monday, October 3, 2022 9:41:24 AM
Attachments:	ATT00001.txt image005.png image004.png

Dear Parents and Families,

We hope you are all well!

In this email you will find:

- 1. Message from the Director of Orientation, Transition & Family Engagement
- 2. This Week at Southern / Leadership Week
- 3. Residence Life Information
- 4. Family Day
- 5. Resources

Message from the Director of Orientation, Transition & Family Engagement

Dear Parents and Families!

We are now entering the sixth week of the semester. This week is Leadership Week when we encourage all of our students to explore different leadership opportunities available to them. Included in "This Week at Southern," you will see a number of programs and activities designed for students to consider how they can develop critical leadership skills that will help prepare them throughout their collegiate careers and especially in their future endeavors.

It is also important to note that mid-terms are just around the corner and many students may have already been assigned major assignments including essays, projects, presentations and exams. As you connect with your students, encourage them to visit the Center of Academic Success and Accessibility Services not only if they struggle with a specific course or assignment but also to ensure they are achieving their goals. Even the best student has the ability to improve and prepare!

Parent and Family Day- Registration is open! and Family Day will be Saturday ,October 15th from 10am to 2pm. In addition to Parent and Family Day, we will be celebrating our traditional Homecoming as parents, families and alumni will attend many of the festivities together. The day will begin with brunch in Connecticut Hall followed by a Homecoming Festival by Jess Dow Field where we will have carnival games, inflatables, music and more. Our homecoming football game begins at 2pm where the Owls face the Franklin Pierce Ravens. Families may choose to attend the Crescent Players show, "Once on this Island," at an additional cost.

Vist <u>https://inside.southernct.edu/parent-family/family-day</u> for more information.

Registration Adults, \$15 per person Children (12 and under) FREE Southern Students FREE Included with each Paid Registration: Homecoming Breakfast Buffet, Commemorative Gift, Access to Included Events (Student Festival, Homecoming Tents, Football Game, and more!) Not Included: Food Trucks, Connecticut Hall, Ticketed Events (Crescent Players Musical) <u>Click here to register!</u>

Have a great week and please let us know if we can be of any support to you!

Sincerely,

Sal Rizza Director of Orientation, Transition & Family Engagement





Leadership Week

Join us this week as we celebrate Leadership. President John F. Kennedy once said, "Leadership and learning are indispensable to each other." At SCSU, there are so many ways to learn and practice the leadership skills that will prepare you for the future you wish to create!

October is Disability Awareness Month and LGBTQ+ History Month!

Being a leader is knowing how to advocate for others.

On Tuesday from 11:00am – 1:00 pm come by the Buley Patio to learn about the events planned for **Disability Awareness Month** with Graduate Intern Sarah Gossman, and Accessibility Specialist Dextex Rodriguez, as well as what it means to be an effective advocate for the disabled community.

On Wednesday from 8:30am-4:30pm celebrate **LGBTQ+ Spirit Day**. In honor of the beginning of LGBTQ+ History Month, everyone is invited to show off their LGBTQ+ spirit and pride all day long! Post a picture of your spirit on Instagram and tag @scsusage to be entered for a drawing to win a \$25 Amazon gift card!

Leadership Week Signature Events

Monday, October 3

10:00am-1:00pm

Leadership Appreciation Days: SCSU Leaders on the Go!

Adanti Student Center 217

Calling all Student Leaders! Help us kick off the week leadership by contributing to our Leadership Wall. Grab some special treats to enjoy while on the go!

Sponsored by: Office of Student Involvement and Leadership Development

Tuesday, October 4 10:00am-1:00pm Leadership Appreciation Day Adanti Student Center 217 Calling all Student Leaders! Help us kick off the week leadership by contributing to our Leadership Wall. Grab some special treats to enjoy while on the go! Sponsored by: Office of Student Involvement and Leadership Development

1:00-2:00pm

Leadership Lessons On and Off the Field

Adanti Student Center 217 Come join SCSU Athletic Director, Chris Barker, for a discussion about how the leadership skills you learn as an athlete can propel your professional and personal development after college. **Sponsored by: SCSU Athletics**

Wednesday, October 5 12:00-2:00pm Leadership Fair Adanti Student Center 217 Stop in and learn about different leadership positions available on campus. Meet the professional staff and find out how you can apply!

Sponsored by: Office of Student Involvement and Leadership Development

4:00-5:00pm

Kick-off to the Gold Leadership Certificate Program

Adanti Student Center 217

Students who have completed the bronze and silver leadership certificate program are invited to join us to learn about the Gold Leadership Certificate Program which will kick off in November! **Sponsored by: Office of Student Involvement and Leadership Development**

Thursday, October 6

12:00-2:00pm

President's Fall State of the University Address

Adanti Student Center Ballroom

Please take the opportunity to meet with President Bertolino and his Leadership Team at his annual Fall State of the University Address. Boxed lunches will be available.

Sponsored by: Office of the President

2:00-3:00pm

Beyond The Letters

Adanti Student Center 217

The Greek Life community at Southern Connecticut State University is composed of some of SCSU's finest student leaders. In this highly interactive discussion, representatives from Greek Life will talk about what it means to be a Greek leader on campus, as well as how their experience in Greek Life has served as a gateway to other leadership opportunities. Get informed, test your leadership knowledge and have a little fun as well with some of Greek Life's best leaders.

Sponsored by: Greek Life Council

Friday, October 7

9:00-11:00am

Good Morning with ODK!

Buley Patio

Stop by and learn about Omicron Delta Kappa Honor Society, the National Leadership Honor Society on campus in celebration of Leadership Week!

Sponsored by: Omicron Delta Kappa Honor Society, the National Leadership Honor Society

1:00-2:15pm

Leadership Luncheon

Adanti Student Center 217

Join us for lunch with distinguished alumna and former President of the Student Government Association, Chris Borajkiewicz, Private Wealth Advisor/ Franchise Owner. Chris will discuss how his college leadership set him on the path to success in the business world. Reservations are required. Please RSVP to <u>lentt1@southernct.edu</u>

Sponsored by: Office of Student Involvement and Leadership Development

Ongoing

All day, daily until October 15th

Buley Library Celebrates Hispanic Heritage Month!

Visit Buley Library during library open hours and view the display of library materials that represent Hispanic culture and heritage.

Sponsored by: Buley Library

Monday-Thursday until October 18th

THRIVE Series

Wellbeing Center (Schwartz Hall 100)

An in-person interactive 6-week workshop series will guide students in learning skills and strategies to enhance wellbeing and will cover a variety of topics to help students THRIVE in college. This workshop is offered weekly and covers the same topic on Mondays 1-2, Tuesdays 1-2, Wednesdays 2-3, and Thursdays 1-2. so, students can choose which day they'd like to attend during the week. Some example topics may include communication, relationships, stress management, self-care, resilience, mindfulness, health and gratitude.

Sponsored by: Wellbeing Center and Counseling Programming and Outreach

Oct 7th, 8th, 13th, 14th, 15th @ 8pm Oct. 9th @ 3pm, Oct. 15th @ 2pm

"Once On This Island"

John Lyman Center for the Performing Arts

A Musical, Book and Lyrics by Lynn Ahrens, Music by Stephen Flaherty, Directed by Jecamiah Ybañez, Choreographed by Jennifer Newman, Musical Direction by Jill Brunelle

Sponsored by: The SCSU Theater Department

Monday, October 3

10:00am-1:00pm

Leadership Appreciation Days: SCSU Leaders on the Go!

Adanti Student Center 217 Calling all Student Leaders! Help us kick off the week leadership by contributing to our Leadership Wall. Grab some special treats to enjoy while on the go!

Sponsored by: Office of Student Involvement and Leadership Development

11:00am-2:00pm Clean Bill of Health Buley Patio Come join the sisters of Alpha Sigma Alpha for some fun fitness games! Sponsored by: Alpha Sigma Alpha Sorority

12:00-2:00pm

Maker Mondays

Buley Library Ground Floor-Makerspace Come to the Buley Library Makerspace every Monday 12-2 pm to learn a new maker skill each week! Drop by when you can and leave when you need to!

Sponsored by: Buley Library

1:30-2:30

Smart Leaders, S.M.A.R.T Goals, Smartfood

Adanti Student Center Theater Celebrate Leadership week with ProCon as we create S.M.A.R.T Goals for advancing as leaders on campus and enjoy Popcorn!

Sponsored by: Programs Council

4:30-7:00pm **MCC Tries: Origami** ASC 234 Join the MCC's Evening Connection in collaboration with Asian Culture Society to create your own origami.

Sponsored by: The Multicultural Center

6:00-7:45pm **R&B Karaoke** Adanti Student Center Theater Steppin Up and the Black and Educated Foundation for the Community will be hosting a karaoke event with R&B as the theme.

Sponsored by: Steppin' Up Drill Team

6:00-8:00pm Volleyball vs. Georgian Court University Pelz Gymnasium Come cheer on the women's volleyball team as they take on Georgian Court University! Sponsored by: SCSU Athletics

7:20-9:20pm

Step Into Your Future: Vision BoardZ

Adanti Student Center 201

The Supreme and Sophisticated Psi Omicron Chapter is hosting a vision board arts and crafts night! This program is designed for students to envision and manifest their future goals (short-term and long-term) by creating vision boards!

Sponsored by: Zeta Phi Beta Sorority, Inc.

Tuesday, October 4

10:00am-1:00pm

Leadership Appreciation Day

Adanti Student Center 217

Calling all Student Leaders! Help us kick off the week leadership by contributing to our Leadership Wall. Grab some special treats to enjoy while on the go!

Sponsored by: Office of Student Involvement and Leadership Development

10:00am-3:00pm

Buzz-A-Thon

Buley Patio Alpha Sigma Alpha's Annual Buzz-A-Thon to support Camp Rising Sun! **Sponsored by: Alpha Sigma Alpha Sorority**

11:00am-2:00pm

A Taste of Latin America – Conn Hall Celebrates Hispanic/Latinx Heritage Month!

Connecticut Hall

Enjoy a Latin-inspired lunch for \$8.00 at Conn Hall in honor of Hispanic/Latinx Heritage Month. By experiencing and understanding the cuisine of another culture, you can open yourself up to understanding their stories! Savor foods from different Latin countries and embrace Latin culture with members of the community while you are there.

Sponsored by: The Multicultural Center

11:00am-1:00pm

Kickstart to Disability Awareness Month

Buley Patio

Come join Sarah and Dexter to learn more about Disability Awareness Month and all the events planned!

Sponsored by: Center of Academic Success and Accessibility Services

1:00-2:00pm

Leadership Lessons On and Off the Field

Adanti Student Center 217

Come join SCSU Athletic Director, Chris Barker, for a discussion about how the leadership skills you learn as an athlete can propel your professional and personal development after college.

Sponsored by: SCSU Athletics

4:30-7:00pm

MCC Speed Friending

Adanti Student Center 234

Want to meet new people and make new friends? Join the MCC's Evening Connection for icebreaker questions to get to know fellow Owls.

Sponsored by: The Multicultural Center

6:30-7:30pm **Study with SIAs** Adanti Student Center 305 Come study with us! Catch up on exams, quizzes, or any other assignments!!!! **Sponsored by: Hermandad de Sigma Iota Alpha, Inc.**

7:30-9:00pm

Large Group Bible Study

Adanti Student Center 201 Welcome to Intervarsity's Large Group Bible Study on campus at ASC 201. All are welcome to come explore the bible together and see how the passages can relate to college students! Sponsored by: InterVarsity Christian Fellowship

Wednesday, October 5

8:30am-4:30pm

LGBTQ+ Spirit Day Online via Instagram

In honor of the beginning of LGBTQ+ History Month, we invite everyone to show off their LGBTQ+ spirit and pride all day long! If you post a picture of your spirit on Instagram and tag @scsusage, you will be entered for a drawing to win a \$25 Amazon gift card!

Sponsored by: SAGE Center

9:00-10:30am

Coffee With A Cop

Buley Patio Please join us for coffee, donuts and a conversation! All are welcome! Sponsored by: Southern Connecticut Police Department

10:00am-2:00pm

Get Yourself Tested

Granoff Hall

Come down to Student Health Services to get STD and HIV tested. Available to all students, appointments are **recommended** and can be made by scanning the QR code or by visiting StudenthealthEHR.southernct.edu. Walk-ins are also available. We are located across the street from the Wintergreen building.

Sponsored by: Health Services

12:00-2:00pm

Leadership Fair

Adanti Student Center 217 Stop in and learn about different leadership positions available on campus. Meet the professional staff and find out how you can apply!

Sponsored by: Office of Student Involvement and Leadership Development

12:00-2:00pm

Board Game Bashing: What Makes a Game

Buley Library Ground Floor-Makerspace

Come join us in the Makerspace for some Board Game Bashing. Combine two or more games to create your own. We will discuss what makes a board game exciting and fun! Wednesday, October 5, 12-2 pm in the Makerspace!

Sponsored by: Buley Library

12:30-1:30pm

Mi Gente, Mi Familia, Mis Amigos: Student, Staff & Faculty Mentorship Connection Engleman B121 The Multicultural Center staff and the Latin American/Native American Advancement Committee (LANAAC) proudly invites Southern community and allies to come meet and network with Hispanic/Latinx students, faculty and staff with the intention of building long-lasting relationships for our BIPOC students and learn about the Latin American/Native American Advancement Committee (LANAAC) work and priorities supporting the Latinx community.

Sponsored by: The Multicultural Center

1:00-1:45pm

Honoring Race in your Job Search Workshop with OCPD

Virtual-Contact the Multicultural Center for info on accessing this webinar.

Join the Office of Career and Professional Development in a webinar that teaches the importance of acknowledging race and identity during job searches, interviews, and career engagements. Learn how to bring up the topic of race and culture during job interviews, and how to engage in conversations to ensure that potential workplaces are equitable and inclusive to you and your wellbeing.

Sponsored by: The Multicultural Center

2:00-3:00pm

Q&A with Nurses!

Access <u>HERE</u>

Join in on this Q&A with nurses from Yale New Haven Hospital! A group of nurses will join via Microsoft teams and answer any question that you have about the field, including what it's like to be a new grad. These nurses have experience in ICU care, ED care, and even have experience in other health profession roles. If you have any questions about this event, please reach out to Suhanee or Victoria!

Sponsored by: National Student Nurses' Association

4:30-7:00pm

MCC Movie Night: Encanto

ASC 234

Join the MCC's Evening Connection for the screening of *Encanto*, a Walt Disney Animation Studios' Film. This movie tells the tale of a Colombian family where every character has magical powers... except for one. Grab some popcorn and enjoy this magical movie about family, love, and courage. **Sponsored by: The Multicultural Center**

6:00-7:30pm

Halaqa/Game Night

Adanti Student Center 326

All SCSU students are invited to be involved in a group discussion revolving around an Islamic topic, and then join together to partake in an Islamic game night to win a prize! Pizza and drinks will be available to those who join!

Sponsored by: Muslim Students Association

7:00-10:00pm Field Hockey vs. Mercy College

Jess Dow Field Come cheer on the field hockey team as they take on Mercy College! **Sponsored by: SCSU Athletics**

7:00-8:00pm

Yom Kippur Break Fast

Buley Patio and online access HERE

Join Hillel for a Yom Kippur break-fast! The last day of the Jewish High Holidays, Yom Kippur is set aside for reflection and forgiveness, during which a fast is observed. At nightfall, the fast is broken. This Yom Kippur, we are gathering together to break the fast and celebrate the final night of the High Holidays! The break-fast dinner will be provided, with a variety of bagels, toppings, and more. We will be meeting at the picnic tables in front of Buley Library, or join us for the meal on Teams. **Sponsored by: Hillel - Jewish Students Organization**

7:00-9:00pm

Pumpkin Painting with Procon

ASC Theater Area

Join Nighttime committee for a super fun pumpkin painting event where you get to express your creativity and enjoy time with friends!! We hope to see you all there!

Sponsored by: Programs Council

7:20-9:20pm

Zeta Phi Beta Sorority, Inc. - Fall 2022 Informational

Adanti Student Center 217

Interested in becoming a Finer Women? Come learn more about the ladies of the Psi Omicron Chapter of Zeta Phi Beta Sorority, Incorporated in their Fall 2022 Informational. All interested women are welcomed to come learn more about our organization! Business attire and resume is required! Please fill out the Google Form in our Instagram Bio @psiomicron_zphib to RSVP for this event!

Sponsored by: Zeta Phi Beta Sorority, Inc.

Thursday, October 6

8:30-10:30am

Good Morning Commuters!

Adanti Student Center 217

Good Morning, Commuters! Stop by ASC 217 for free breakfast before you take on your day! Meet and mingle with other commuter students and learn more about how to make the most of your time on campus!

Sponsored by: Office of Student Involvement and Leadership Development

12:00-2:00pm

President's Fall State of University Address

Adanti Student Center Ballroom

Please take the opportunity to meet with President Bertolino and his leadership team at his annual Fall State of the University Address. Boxed lunches will be available.

Sponsored by: Office of the President

12:00-1:00pm

PB&J Thursday

Engleman Breezeway Join ProCon in the Engleman Breezeway, right across from the bagel wagon, for free PB&J's and snacks every Thursday!

Sponsored by: Programs Council

2:00-3:00pm

Beyond The Letters

Adanti Student Center 217

The Greek Life community at Southern Connecticut State University is composed of some of SCSU's finest student leaders. In this highly interactive discussion, representatives from Greek Life will talk about what it means to be a Greek leader on campus, as well as how their experience in Greek Life has served as a gateway to other leadership opportunities. Get informed, test your leadership knowledge and have a little fun as well with some of Greek Life's best leaders.

Sponsored by: Greek Life Council

4:30-7:00pm

How Are You Sleeping?

Adanti Student Center 234

The Multicultural Center and Health Services want to know... how are you sleeping? Join the MCC Evening Connection in collaboration with Health Services to talk about the importance of sleep and the negative health and mental health impacts of not enough sleep. We invite you to come, learn, enjoy pizza & wings, and of course, have fun!

Sponsored by: The Multicultural Center

5:30-6:30pm
Dancing with SIA!
Engleman B121
Come join us to dance and learn about a variety of dances that the Latino culture has to offer.
Sponsored by: Hermandad de Sigma Iota Alpha, Inc.

Friday, October 7

9:00-11:00am Good Morning with ODK!

Buley Patio

Stop by and learn about Omicron Delta Kappa Honor Society, the National Leadership Honor Society on campus in celebration of Leadership Week!

Sponsored by: Omicron Delta Kappa Honors Society, the National Leadership Honor Society

1:00-2:15pm Leadership Luncheon Adanti Student Center 217 Join us for lunch with distinguished alumna and former President of the Student Government Association, Chris Borajkiewicz, Private Wealth Advisor/ Franchise Owner. Chris will discuss how his college leadership set him on the path to success in the business world. Reservations are required. Please RSVP to <u>lentt1@southernct.edu</u>

Sponsored by: The Office of Student Involvement and Leadership Development

1:00-4:00pm

Breast Cancer Awareness Walk

Academic Quad

This event aims to educate SCSU students on the dangers of breast cancer. Students can make posters, sign a banner, and receive informational packets/giveaways from the well-being center, health services, and an organization called "Covering My Sisters," which is dedicated to spreading breast cancer awareness. Students will then listen to our guest speakers and proceed with the walk from the academic quad to the res life quad.

Sponsored by: Residence Hall Association, Wellbeing Center, and Health Services

1:30-4:00pm

Study Session

Adanti Student Center 234 Are you looking for a place to catch up on work? Join the MCC's Evening Connection for an afternoon study session.

Sponsored by: The Multicultural Center

4:30-5:30pm

Hybrid Shabbat

Remembrance Garden, Behind Engleman and Morill and online HERE

Join Rabbi Barbara and Hillel for our weekly Shabbat! Everyone is welcome, no matter your faith or experience. Come celebrate the end of the week with Shabbat prayers, learn about Judaism, and make new friends! We will be meeting at the Remembrance Garden, behind Engleman Hall and Morrill Hall, weather permitting. We will also have a computer set up at the garden on Microsoft Teams if you would like to join virtually.

Sponsored by: Hillel - Jewish Students Organization

5:00-7:00pm

Volleyball vs. Frankin Pierce University

Pelz Gymnasium

Come cheer on the women's volleyball team as they take on Franklin Pierce University!

Sponsored by: SCSU Athletics

6:00-8:00pm

Halloween Folio Open Mic

English Common Room-Engleman D253

It's that special time of year already... Halloween! To celebrate, Folio will be hosting a Halloweenthemed open mic on Friday, October 7th at 6 PM. Come to the English Common Room (ENG 253) for a night of poetry, prose, and Halloween spirit! Bring your friends, bring your writing, bring your

Saturday, October 8

3:00-5:00pm

Volleyball vs. University of New Haven

Come cheer on the women's volleyball team as they take on the University of New Haven!

Sponsored by: SCSU Athletics

For Current Residents	
Here are some very important dates in regards to Residence Life.	
November 1st - 18th	Thanksgiving Break Housing Application
November 7th - 21st	Spring 2023 Housing Intent Request for Current Residents
November 22nd	Residence Halls Close for Thanksgiving Break at 5pm
November 23rd - 25th	University Closed for Thanksgiving Break
November 27th	Residence Halls Reopen from Thanksgiving Break at 2pm
November 29th - December 9th	Winter Break Housing Application
December 1st	Returning Resident Room Change for Spring 2023
December 2nd	Meal Plan Change Request for Spring 2023
December 15th	University Bills Due
December 16th	Residence Halls Close for Winter Break at 5pm

Weekend Events:

Residence Life hosts programs every weekend. Here is some information on how students can learn more.

- Weekly Weekend Email Each week we share a email-flyer of all events that happening on campus with our residential students. Encourage your students to stay for the weekend.
- Weekend Warrior Programs every Saturday from 3pm-5pm in the Farnham Programming Space (FPS). We host events planned by students for students. Events range from tie-dye tapestries to the Price is Right Game show! There is usually food, prizes to win, or something to make they can keep in their residence hall room.

Family Day 2022



2022 Family Day Registration

We are incredibly excited to welcome you to campus and to spend a fun-filled day together! Please complete this registration form which will provide us with incredibly important information to help us prepare for your arrival.

Registration Adults, \$15 per person Children (12 and under) FREE Southern Students FREE Included with each Paid Registration: Homecoming Breakfast Buffet, Commemorative Gift, Access to Included Events (Student Festival, Homecoming Tents, Football Game, and more!) Not Included: Food Trucks, Connecticut Hall, Ticketed Events (Crescent Players Musical) <u>Click here to register!</u> (https://secure.touchnet.net/C21400_ustores/web/product_detail.jsp?PRODUCTID=730&SINGLESTORE=true)

Parking Wintergreen Parking Garage (23 Wintergreen Avenue, New Haven, CT).

Check-In

Stations to check-in will be located at the Welcome Tent in front of Moore Field House from 10am to 11am. Upon check-in, families will be provided with their check-in credentials and commemorative gift.

What to Expect

Parts of the day are outside so please prepare accordingly! Breakfast will be provided in Connecticut Hall. Family Day is part of Homecoming Weekend where alumni and students celebrate the spirit of Southern. In addition to the activities specifically provided to families and students, alumni will be on campus as well and all alumni activities are accessible to all students and families on Saturday. Visit <u>https://inside.southernct.edu/parent-family/family-day</u> for more information.

Resources

Helpful Links- <u>https://inside.southernct.edu/parent-family/helpful-links</u>, these are a number of helpful links that we have gathered specifically for parents/families that will be helpful now and in the future.

Resources- <u>https://inside.southernct.edu/inside-southern</u>, these is another general page filled with links that may be helpful!

Residence Life- <u>https://inside.southernct.edu/residence-life</u>, with so many questions regarding residence life, this may be a great place to find information!

Advising- <u>https://inside.southernct.edu/advising</u>, information regarding academic advising.

You were subscribed to this listserv as your email is listed in your student's profile based on their initial application to Southern. The emails you will receive will include the information we send to your students, additional strategies specifically designed for parents/families and how they can best support their students and general information regarding the university. As we will be intentional on the information we send, we will try not to "flood" your inbox and be very strategic on sending the most pertinent information.

We also invite you to join our Parent/Family Facebook Group, <u>https://www.facebook.com/groups/scsuparents/</u>. However, if you prefer not to receive future emails, please unsubscribe by replying to this email.