Rizza, Salvatore A.

From: Rizza, Salvatore A.

Sent: Wednesday, December 22, 2021 5:08 PM

To: families@lists.southernct.edu

Cc: Wrinn, Devon G.; Cruz-Alonso, Anay's M.; Allen, Kimberly

Subject: Parent/Family Update December 2021

Attachments: Holiday Card 2021.pdf

Dear Parents and Families,

This semester has been filled with great moments as we returned to a full in-person experience that included a spirited orientation season, fun Family Day and a much more lively campus spirit that our students deserve.

While many students are thriving, experiencing success and finding their place we know that others continue to struggle. As Fall 2021 final grades are now available (via Bannerweb), it is important to help students process their semester.

We would like to offer a few thoughts on how to frame this past semester:

- 1, Start with the positive. A great question to ask is, "What went best last semester?"
- 2. Celebrate! Be sure to acknowledge the small success as well as the major accomplishments. This may be a hard-earned "C" in a challenging subject, joining a club/organization or securing a fantastic internship.
- 3. Sometimes, best laid plans fail us and students may not have had the semester they would have liked. Asking a question such as, "what could have been done differently?" may prompt a fruitful conversation.
- 4. Move On and Plan Ahead- Considering what has been learned about successes and challenges, look at the next semester and prepare for a great Spring 2022.

As always, we are here to offer our support.

Warm wishes and best regards,

Sal Rizza

Director of Orientation, Transition & Family Engagement

Resources and Information For Parents and Families

Please also consider the following resources:

- Parent and Family Website- over the course of the next year this site will continue to be developed.
- Parent and Family Orientation Website- this is where you will find information regarding the Virtual Summer Series as well as (new) the <u>New Student Orientation Bluebook</u>. We distribute this to all students that attend orientation. We've modified it slightly for Parents and Families.
- Contact us! If you would like to talk to someone in our office, feel free to call us at 203 392 5189 (Monday-Friday, 8:30- 4:30) or email us at orientation@southernct.edu. We may not have all the answers but we will do our best to connect you with the areas that do.

Resources

We would also like to provide a number of links which have really good information that answers many of the questions you may have.

Helpful Links- https://inside.southernct.edu/parent-family/helpful-links, these are a number of helpful links that we have gathered specifically for parents/families that will be helpful now and in the future.

Resources- https://inside.southernct.edu/inside-southern, these is another general page filled with links that may be helpful!

Residence Life- https://inside.southernct.edu/residence-life, with so many questions regarding residence life, this may be a great place to find information!

Advising- https://inside.southernct.edu/advising, information regarding academic advising.

You were subscribed to this listserv as your email is listed in your student's profile based on their initial application to Southern.

The emails you will receive will include the information we send to your students, additional strategies specifically designed for parents/families and how they can best support their students and general information regarding the university.

As we will be intentional on the information we send, we will try not to "flood" your inbox and be very strategic on sending the most pertinent information. We also invite you to join our Parent/Family Facebook Group, https://www.facebook.com/groups/scsuparents/.

However, if you prefer not to receive future emails, please unsubscribe by visiting https://lists.southernct.edu/mailman/listinfo/families or simply reply to this email.