Listed below are several types of active studying strategies. Active studying will help you store the information in your long-term memory. Since exams generally cover a lot of different content, it’s important to use more than one study strategy to get a hold of it all. You should use AT LEAST two different active studying strategies to study for any given test or exam to be sure you are able to accurately prepare all of the information you might need to know. Start by trying out two or three of the examples below… but the possibilities are endless!

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Study** **Out** **Loud** | Teach it to someone else - or just say it out loud | Discuss with your classmates | Record yourself talking and play it back | Get family members or friends to ask you questions about the topic |
| **How?** |  |  |  |  |
| **Study Through Writing** | Write things down by hand | On a blank sheet of paper record everything you know, then review what you don’t | Color code or rewrite your class notes | Create summary sheets for your notes or for textbook chapters |
| **How?** |  |  |  |  |
| **Study** **Using Organization** | Flash Cards | Mind-maps | Make up a glossary of terms or a timeline of events | Create mnemonic devices |
| **How?** |  |  |  |  |
| **Practice Makes Perfect** | Practice drawing or filling in diagrams & charts | Complete practice questions or re-do old tests | Use a website or app to create a quiz for yourself | Study in timed intervals |
| **How?** |  |  |  |  |

Once you’ve chosen a few study methods and how to use them for your test, create an outline or study guide, and fill out a 5-Day Study Plan to make sure you can cover all of the content that you need to get through!