Health Services is here to help you maintain your health!

We are available for telephone consultations and telehealth appointments.

To make an appointment, log into your patient portal using your SCSU credentials.

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**Immunization Awareness Month**

- **Be Wise, Immunize!**
  - You have the power to protect yourself and your family against serious diseases.
  - You can help prevent against whooping cough, cancers caused by HPV, and pneumonia through on-time vaccination.

- **The Stats**
  - HPV vaccination is the best protection against 6 types of cancers.
  - HPV vaccination prevents over 90% of HPV related cancers.
  - Estimated US cases annually of HPV related cancers are over 230,000 cases.

- **The Scoop**
  - MMR vaccine protects against measles, mumps and rubella.
  - The MMR vaccine provides protection against a potentially serious infection called measles.
  - The dangers of measles includes pneumonia, brain damage, deafness and even death.

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**Flu vaccine**

SCSU will be holding flu vaccine clinics on campus this Fall. Follow us for upcoming dates. Dates TBD.

Influenza (also known as flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat and lungs.

The first and most important step in preventing flu is to get a flu vaccine each year.

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**Health Services offers the Gardasil vaccine for FREE! For more information please contact Health Services at (203) 392-6300 ~**