



NEWS FLUSH



~ Back to School ~
#SOUTHERNSTRONG

The 411 of COVID-19: How to Protect Yourself and Others . . .

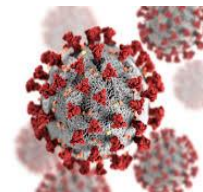
Health Service **here to help you maintain your health!**

We are available for telephone consultations and telehealth appointments.

To make an appointment, log into your patient portal using your SCSU credentials.

- ❖ COVID-19 can be spread from person to person even if the infected individual is not having any symptoms.
- ❖ People who are in close contact with one another (within about 6 feet) and are exposed to respiratory droplets are at risk for COVID-19 which is produced when an infected person coughs, sneezes or talks.
- ❖ Everyone should always wash their hands, avoid close contact, cover your mouth and nose with a cloth face cover or mask when around others. Cover coughs/sneezes, as well as clean and disinfect your areas.
- ❖ CT residents interesting in getting a COVID-19 test? Please visit www.211ct.org/covidtesting for testing sites near you.

For Information regarding the latest updates on COVID-19 visit <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>



Immunization Awareness Month

Lets talk Numbers

The CDC estimates that for children born in the U.S. from 1994 to 2013 vaccination will prevent an estimated 322 million illnesses, 21 million hospitalizations and 732,000 deaths over the course of their lifetimes.

Be Wise, Immunize!

You have the power to protect yourself and your family against serious diseases.

You can help prevent against whooping cough, cancers caused by HPV, and pneumonia through on-time vaccination.

The Stats

HPV vaccination is the best protection against 6 types of cancers.

HPV vaccination prevents over 90% of HPV related cancers.

Estimated US cases annually of HPV related cancers are over 230,000 cases.

The Scoop

MMR vaccine protects against measles, mumps and rubella.

The MMR vaccine provides protection against a potentially serious infection called measles.

The dangers of measles includes pneumonia, brain damage, deafness and even death.

Flu vaccine

SCSU will be holding flu vaccine clinics on campus this Fall. Follow us for upcoming dates. Dates TBD.

Influenza (also known as flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat and lungs.

The first and most important step in preventing flu is to get a flu vaccine each year.

~ Health Services offers the Gardasil vaccine for FREE! For more information please contact Health Services at (203) 392-6300 ~

