

BS: EXERCISE AND SPORT SCIENCE – ALLIED HEALTH AND SPORTS SCIENCE

CATALOG TERM FALL 2023

FIRST YEAR COURSE SELECTION

1st Year, 2nd Semester Course Selection:

Majors SHOULD take the following courses (if not already taken):

- T1WC: English 112: Writing Arguments
 - ENG 120 if they have taken ENG 119 – for bilingual students
- Math in sequence to T1QR
 - MAT 122 for Allied Health
 - MAT 107 or 122 for Sport Science
- Students should take the following:
 - HMS 160 (if they were not in the 1st semester)
 - PCH 200
 - PSY 100 (also meets T2MB)
- Start language sequence
- Remaining courses: Students should take LEP Tier 1 and Tier 2 courses. See degree evaluation for restrictions.

Important Advising Information:

LEP T1/T2 Restricted Courses:

- T1QR: MAT 122 for Allied Health; MAT 107 or MAT122 for Sport Science
- T1TF: PHY 103 (only restricted sports sciences sections)
- T2LE: BIO100 or BIO120
- T2MB: PSY 100

Math Requirement Information:

- Sequence of pre-requisites to MAT 107: MAT 100/100p -> MAT 107.
- Sequence of pre-requisites to MAT 122: MAT 100/100p -> MAT 111 or 112 -> MAT 122

List other important information here:

- This major has an admissions process, students should review the catalog and webpage for details of the admissions requirements and process. <https://www.southernct.edu/academics/hms/programs>
- Minimum GPA
 - Allied Health: 2.75 for overall and of major requirements. No major class requirement below C-.
 - Sport Science: 2.5 for overall and of major requirements. No major class requirement below C-.
- The department suggests involvement in Exercise Physiology Club and related university clubs.

